



OPTION PERIOD 2023



During the annual Option Period, you may change or enroll in:



HEALTH
COVERAGE



DENTAL
COVERAGE



VISION
COVERAGE



LIFE INSURANCE
COVERAGE
(A LIFE INSURANCE APPLICATION IS REQUIRED.)

Please contact your Insurance Coordinator for procedures, deadlines and forms.

Your IC is: REBECCA JORDAN

Phone number: 405-282-8907

Complete forms & return to the IC by: DEADLINE: FRIDAY, OCTOBER 28, 2022**

****If applicable, write "NO CHANGES" at top of page 1, then sign, date, & return form to IC.**

ONLINE INFO AVAILABILITY DATES

OCTOBER 1, 2022 to NOVEMBER 11, 2022

<https://oklahoma.gov/omes/services/employees-group-insurance-division.html>

Click on the Option Period Banner for Current Employee Plan Year 2023 Information

ASSISTED ENROLLMENT DATES

TUESDAY, 10/18/22 to WEDNESDAY, 10/19/22

8:00 a.m. -- 4:00 p.m.

Central Office, BOE ROOM, 802 E VILAS

Remember to complete your HealthChoice Tobacco-Free Attestation by November 11, 2022: <https://gateway.sib.ok.gov/Attestation/>