



Guthrie Secondary Breakfast

OCT 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Pancake Sausage Bites
Mixed Berry Parfait

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Apples & Diced Pears  
Milk

**4**

Biscuit & Gravy  
Blueberry Muffin

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Bananas & Applesauce
Milk

5

Breakfast Pizza
Mini Cinnamon Rolls

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Orange Smiles & Strawberries  
Milk

**6**

American Breakfast Sandwich  
French Toast Sticks

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Apples & Diced Peaches
Milk

7

Breakfast Egg Taco
Biscuit & Jelly

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Orange Smiles & Blueberries  
Milk

Assortment of cereal offered daily!

**10**

Pancake Sausage Bites  
Strawberry Fields Parfait

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Apples & Diced Pears
Milk

11

Biscuit & Gravy
Banana Muffin

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Bananas & Applesauce  
Milk

**12**

Breakfast Pizza  
Mini Strawberry Bagels w/ Cream  
Cheese

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Orange Smiles & Strawberries
Milk

13

No School

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**14**

No School

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Variety of low-fat milk offered daily

17

Breakfast on a Stick
Blueberry Patch Parfait

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Apples & Diced Pears  
Milk

**18**

Biscuits & Gravy  
Cinnamon Roll

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Bananas & Applesauce
Milk

19

Breakfast Pizza
Apple Frudel

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Orange Smiles & Strawberries  
Milk

**20**

Sausage Biscuit  
Cinnamon Toast Crunch Breakfast  
Bar

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Apples & Diced Peaches
Milk

21

Homestyle Breakfast Plate
Pancakes

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Orange Smiles & Blueberries  
Milk

Remember to grab a fruit for a reimbursable meal!

**24**

Pancake Sausage Bites  
Just Peachy Parfait

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Apples & Diced Pears
Milk

25

Biscuit & Gravy
Chocolate Muffin

~~~~~

Banana & Applesauce  
Milk

**26**

Breakfast Pizza  
Mini Strawberry Bagels w/ Cream  
Cheese

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Orange Smiles & Strawberries
Milk

27

American Breakfast Sandwich
French Toast Sticks

~~~~~

Apples & Diced Peaches  
Milk

**28**

Breakfast Egg Taco  
Toasted Waffles

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Orange Smiles & Blueberries
Milk

Menu subject to change based on product availability

31

Breakfast on a Stick
Strawberry Banana Parfait

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Apples & Diced Pears  
Milk