

GLOBAL FLAVORS

M Beef Frito Chili Pie
Rainbow Chili Frito Pie

T Beef and Cheese Enchilada
Bean and Cheese Enchilada
Enchilada Suiza

W Old School Spud
Broccoli and Cheese Baked Potato
Taco Beef Potato
Roasted Turkey Baked Potato

TH Spaghetti and Meat Sauce
Lasagna Roll Ups

F Teriyaki Chicken w/ Rice
Orange Chicken w/ Rice
Sweet & Sour Chicken w/ Rice

Aztec Corn
Low Country Green Beans
BBQ Baked Beans

Frijoles a la Charro
Mexican Zucchini
Corn Elotes

Low Country Green Beans
Steamed Broccoli
Citrus Glazed Carrots

Broccoli & Red Peppers
Parmesan Green Beans
Mixed Vegetables

Spicy Asian Vegetable Blend
Steamed Broccoli
Steamed Edamame

SUPER FOODS

M **SUPER SALADS**
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

T **SMOOTHIE BOWLS**
Very Berry • Sunshine • Tropical • Banana Berry

W **GRAIN BOWLS**
Tokyo Teriyaki • Spicy Buffalo Chicken • The Garden

TH **WRAPS & FLATBREADS**
Turkey Cheddar Ranch • Classic Ham & Cheese • Spicy Buffalo Chicken

F **SUPER SALADS**
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**

M Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Variety of Fresh Fruit
Variety of Canned Fruit

EVERYDAY SELECTS

M Chicken Nugget Basket
Cheese Filled Breadstick
All entrées served with Seasoned Spiral Fries

T Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

W Cheese Pizza
Pepperoni Pizza
Taco Pizza
All entrées served with Caesar Salad

TH Bean & Cheese Nachos
Beef & Cheese Nachos
Fajita Chicken Nachos
All entrées served with Stewed Black Beans

F Local Favorites Menu Day
Visit the cafeteria to check it out!

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool, creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

DOWNLOAD THE APP + DECIDE YOUR LUNCH IN ADVANCE!



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