

## GLOBAL FLAVORS

**M** Italian Combo Sub  
Caprese Sub  
Meatball Marinara Sub

**T** BBQ Chicken Sandwich  
Southern Style Crispy Chicken Sub  
BBQ Rib Sandwich

**W** Soft or Crunchy Beef Tacos  
Soft or Crunchy Bean Tacos  
Tinga Chicken Tacos

**TH** Greek Meatball Sub  
Greek Turkey Sub

**F** Manager Choice

Broccoli and Red Peppers  
Parmesan Green Beans

Mashed Potatoes  
Low Country Green Beans  
BBQ Baked Beans

Mexican Black Beans  
Mexican Zucchini

Summer Squash  
Oven Roasted Broccoli

## SUPER FOODS

**M NOODLE BOWLS**  
Tokyo Teriyaki • Spicy Buffalo Chicken • The Garden

**T WRAPS & FLATBREADS**  
Turkey Cheddar Ranch • Classic Ham & Cheese •  
Spicy Buffalo Chicken

**W SUPER SALADS**  
Chef • Chicken Caesar • Spicy Buffalo Chicken

**TH SMOOTHIE BOWLS**  
Very Berry • Sunshine • Tropical • Banana Berry

**F NOODLE BOWLS**  
Manager Choice

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...**  
**ALL THE INGREDIENTS YOU LOVE!**

**M** Garden Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**T** Caesar Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**W** Super Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**TH** Caesar Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**F** Manager Choice

## EVERYDAY SELECTS

**M** Cheese Pizza  
Pepperoni Pizza  
BBQ Chicken Pizza  
*All entrées served with Caesar Salad*

**T** Bean and Cheese Nachos  
Beef and Cheese Nachos  
Fajita Chicken Nachos  
*All entrées served with Stewed Black Beans*

**W** Chicken Nugget Basket  
Cheese Filled Breadstick  
*All entrées served with Seasoned Spiral Fries*

**TH** Crispy Chicken Sandwich  
Cheeseburger  
Turkey Kielbasa Roll  
*All entrées served with Baked French Fries & Burger Toppings*

**F** Manager Choice

## SAUCE IT UP!

**Add a kick to any dish with our featured sauces.**

**Music City Sauce**  
*Signature Nashville Hot Sauce  
with just the right kick of heat*

**MK Special Sauce**  
*The perfect blend of mayonnaise  
and ketchup*

**Spicy Cool Sauce**  
*Spicy sriracha meets cool,  
creamy mayonnaise*

**Spicy K Sauce**  
*Classic ketchup — with a kick!*

**IN A HURRY?**

DOWNLOAD THE  
APP + DECIDE  
YOUR LUNCH  
IN ADVANCE!



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.