

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|----------------|--------------------|------------------|----------------|------------------|----------------|-------------|----------------|
| SY21-22 - FoodiE- Global Flavors Mexico- Street :39003 - ServingDate: 05/01/2023 | | | | | | | | |
| Build-to-Orde Street Taco - SR3491 (1 taco) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Bean & Vegetable Taco - SR2726 (1 taco) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Carnitas Taco - SR2729 (1 taco) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Pavo al Pastor Taco - SR2776 (1 taco) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Vegetarian Refried Beans - OKR1472 (1/4 c.) | 20 | 85.21 | 0.83 | 0.01 | 0.00 | 184.90 | 14.71 | 3.26 |
| Turkey Al Pastor - SR1259 (1/4 c.) | 50 | 66.31 | 1.99 | 0.48 | 0.00 | 490.61 | 3.39 | 8.49 |
| Turkey Carnitas - SR1262 (1/4 c.) | 50 | 75.98 | 3.49 | 0.59 | 0.00 | 480.16 | 2.66 | 8.42 |
| Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.) | 100 | 45.00 | 3.00 | 2.00 | 0.00 | 105.00 | 0.50 | 3.50 |
| Cilantro Lime Rice - SR1232 (2/3 c.) | 100 | 154.89 | 2.94 | 0.17 | 0.00 | 185.30 | 29.85 | 3.27 |
| Flour Tortilla - SR1066 (1 tortilla) | 100 | 89.99 | 2.50 | 1.00 | 0.00 | 129.98 | 14.00 | 2.00 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Mexican Black Beans - SR1026 (1/4 c.) | 30 | 32.67 | 0.04 | 0.01 | 0.00 | 39.75 | 6.07 | 1.98 |
| Mex Zucchini - SR1697 (1/4 c.) | 30 | 73.65 | 7.26 | 0.56 | 0.00 | 85.74 | 2.54 | 0.86 |
| Mex Roasted Sweet Potatoes - SR2277 (1/4 c.) | 25 | 75.58 | 2.89 | 0.20 | 0.00 | 96.15 | 12.18 | 0.82 |
| Diced Yellow Onion - SR1264 (2 tbsp.) | 5 | 8.58 | 0.02 | 0.01 | 0.00 | 0.86 | 2.00 | 0.24 |
| Jalapeno Pepper Slices - SR1074 (1 tbsp.) | 20 | 0.00 | 0.00 | 0.00 | 0.00 | 174.42 | 0.00 | 0.00 |
| Homemade Salsa - SR1007 (2 tbsp.) | 30 | 7.38 | 0.03 | 0.01 | 0.00 | 78.67 | 1.55 | 0.26 |
| Sour Cream - SR1659 (1 tbsp.) | 40 | 30.00 | 2.50 | 1.75 | 0.00 | 7.50 | 0.50 | 0.50 |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors Asia-Street :39003 - ServingDate: 05/02/2023 | | | | | | | | |
| Build-to-Order Asian Street Sub - SR3492 (1 sandwich) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Spicy Korean BBQ Chicken Sub - SR2771 (1 sandwich) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Sweet & Sour Chick'n Sub - SR3479 (1 sandwich) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Teriyaki Meatball Sub - SR2770 (1 sandwich) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Korean BBQ Chicken - SR2608 (1/3 c.) | 45 | 141.52 | 5.89 | 0.62 | 0.01 | 467.64 | 6.76 | 13.51 |
| Teriyaki Meatballs - SR3494 (5 Meatballs) | 45 | 270.69 | 11.33 | 3.64 | 0.04 | 490.10 | 27.85 | 14.94 |
| Sweet & Sour Chick'n - SR2479 (5 nugget) | 10 | 298.22 | 8.88 | 1.27 | 0.00 | 455.36 | 42.09 | 17.75 |
| Mini Sub Roll - SR1208 (1 roll (smal)) | 100 | 162.71 | 3.05 | 0.00 | 0.00 | 183.05 | 29.49 | 6.10 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Broccoli - SR1852 (1/4 c.) | 25 | 32.75 | 2.25 | 0.17 | 0.00 | 36.04 | 2.70 | 1.50 |
| Spicy Asian Vegetable Blend - SR2607 (1/4 c.) | 35 | 40.13 | 3.73 | 0.29 | 0.01 | 99.77 | 1.93 | 0.41 |
| Soy Roasted Potatoes - SR2609 (1/4 c.) | 60 | 93.22 | 6.52 | 0.76 | 0.00 | 335.25 | 9.59 | 0.74 |
| Green Onion - SR1946 (1 tbsp.) | 55 | 2.01 | 0.01 | 0.00 | 0.00 | 1.00 | 0.46 | 0.12 |
| Pickle Cucumbers - SR1785 (2 tbsp.) | 55 | 3.49 | 0.02 | 0.01 | 0.00 | 54.91 | 0.86 | 0.10 |
| Sriracha Hot Chili Sauce - SR2209 (1 tbsp.) | 45 | 21.09 | 0.09 | 0.04 | 0.00 | 517.39 | 4.70 | 0.37 |
| SY21-22 - FoodiE-Global Flavors America-Street :39003 - ServingDate: 05/03/2023 | | | | | | | | |
| Smoky BBQ Chick'n Nuggets Basket, America MIA - SR3480 (1 Basket) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors America-Street :39003 - ServingDate: 05/03/2023 | | | | | | | | |
| Spicy Buffalo Chick'n Nuggets Basket - SR2769 (1 Basket) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Smoky BBQ Chicken Tenders Basket - SR3481 (1 Basket) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Spicy Buffalo Chicken Tenders Basket - SR2768 (1 Basket) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Breaded Chicken Tender - SR2504 (3 tenders) | 80 | 263.02 | 15.17 | 2.53 | 0.00 | 394.54 | 16.19 | 15.17 |
| Vegetarian Chick'n Nugget - SR2451 (4 nuggets) | 20 | 182.57 | 7.10 | 1.01 | 0.00 | 304.29 | 19.27 | 14.20 |
| Twisted Breadstick - SR2142 (1 breadstick) | 100 | 172.69 | 3.27 | 0.09 | 0.00 | 190.34 | 28.41 | 6.09 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Vegetarian Baked Beans - SR3118 (1/2 c.) | 10 | 112.64 | 1.02 | 0.00 | 0.00 | 122.88 | 21.50 | 7.17 |
| Celery Sticks - SR1014 (6 stick.) | 40 | 10.34 | 0.11 | 0.03 | 0.00 | 51.71 | 1.92 | 0.45 |
| Green Beans, Low Country Green Beans - SR2616 (1/2 c.) | 20 | 68.15 | 4.70 | 0.64 | 0.00 | 347.50 | 5.67 | 2.04 |
| Carrot Sticks - SR1606 (6 stick.) | 40 | 24.80 | 0.14 | 0.02 | 0.00 | 41.73 | 5.79 | 0.56 |
| Country Style Potato Wedges - SR1029 (1/2 c.) | 100 | 111.75 | 3.73 | 0.47 | 0.00 | 130.38 | 18.63 | 1.86 |
| Barbecue Sauce - SR1008 (1 tbsp.) | 50 | 15.00 | 0.00 | 0.00 | 0.00 | 235.00 | 3.50 | 0.00 |
| Buffalo Sauce - SR2613 (1 tbsp.) | 50 | 3.39 | 0.09 | 0.02 | 0.00 | 626.53 | 0.48 | 0.17 |
| SY21-22 - FoodiE-Global Flavors Italy-Street (Mac & Cheese) :39003 - ServingDate: 05/04/2023 | | | | | | | | |
| Alfredo Mac - SR3483 (1 bowl) | 25 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors Italy-Street (Mac & Cheese) :39003 - ServingDate: 05/04/2023 | | | | | | | | |
| Cheesy Cheddar Mac, Italy, MIA - SR3482 (1 bowl) | 25 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Chicken Alfredo Mac - SR2774 (1 bowl) | 25 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Tuscan Veggie Mac - SR2772 (1 bowl) | 25 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Alfredo Macaroni - SR1422 (1 c.) | 75 | 350.96 | 12.47 | 5.48 | 0.00 | 583.73 | 49.30 | 16.55 |
| Cheddar Macaroni - SR1549 (1 c.) | 25 | 444.30 | 23.85 | 11.83 | 0.00 | 970.88 | 42.11 | 22.85 |
| Fajita Chicken - SR2529 (1/4 c.) | 25 | 60.03 | 3.00 | 0.86 | 0.00 | 180.10 | 0.86 | 7.29 |
| Roasted Tuscan Vegetables - SR1442 (1 #8 scoop) | 25 | 55.38 | 0.11 | 0.02 | 0.00 | 113.60 | 10.50 | 3.00 |
| Breadstick - SR1044 (1 breadstick) | 50 | 80.00 | 1.00 | 0.00 | 0.00 | 95.00 | 14.00 | 3.00 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Broccoli and Red Peppers - SR2024 (1/4 c.) | 40 | 42.86 | 3.33 | 0.24 | 0.00 | 4.53 | 2.92 | 1.25 |
| Parmesan Green Beans - SR1144 (1/4 c.) | 30 | 20.95 | 1.17 | 0.16 | 0.00 | 6.83 | 2.59 | 0.65 |
| Roasted Butternut Squash - SR1408 (1/4 c.) | 15 | 36.65 | 0.16 | 0.01 | 0.00 | 15.85 | 9.28 | 0.60 |
| Grated Parmesan Cheese - SR1553 (1/2 tsp.) | 25 | 3.33 | 0.25 | 0.17 | 0.00 | 15.00 | 0.17 | 0.17 |
| Red Pepper Flakes - SR1554 (1/4 tsp.) | 5 | 1.43 | 0.08 | 0.01 | 0.00 | 0.14 | 0.25 | 0.05 |
| SY21-22 - FoodiE-Global Flavors Mediterranean-Street (Totchos) :39003 - ServingDate: 05/05/2023 | | | | | | | | |
| Build-to-Order Mediterranean Totchos - SR3485 (1 nacho) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors Mediterranean-Street (Totchos) :39003 - ServingDate: 05/05/2023 | | | | | | | | |
| Greek Meatball & Cheese Totchos - SR2782 (1 nacho) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Mediterranean Vegetable Totchos - SR3484 (1 nacho) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Turkey Gyro & Cheese Totchos - SR2783 (1 nacho) | 40 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Mozzarella Cheese - SR3098 (1 oz.) | 20 | 81.00 | 5.06 | 3.04 | 0.00 | 162.00 | 2.02 | 7.09 |
| Greek Meatballs - SR2621 (3 Meatballs) | 70 | 147.99 | 10.79 | 2.33 | 0.00 | 122.11 | 4.90 | 8.86 |
| Greek Turkey - SR1854 (1/4 c.) | 30 | 151.17 | 8.87 | 0.96 | 0.00 | 328.93 | 10.91 | 8.31 |
| Cheddar Cheese Sauce - SR1293 (1/4 c.) | 80 | 114.49 | 9.20 | 5.01 | 0.00 | 423.20 | 2.04 | 7.16 |
| Dinner Roll - SR1009 (1 roll.) | 100 | 160.00 | 3.00 | 0.00 | 0.00 | 135.00 | 29.00 | 7.00 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Chickpeas - SR1047 (1/4 c.) | 10 | 98.28 | 1.86 | 0.03 | 0.00 | 169.51 | 15.32 | 5.11 |
| Roasted Broccoli - SR1852 (1/4 c.) | 15 | 32.75 | 2.25 | 0.17 | 0.00 | 36.04 | 2.70 | 1.50 |
| Roasted Summer Squash - SR1523 (1/4 c.) | 10 | 17.16 | 1.07 | 0.09 | 0.00 | 21.09 | 1.64 | 0.42 |
| Tater Tots - SR1450 (3/4 c.) | 100 | 166.06 | 9.06 | 1.51 | 0.00 | 467.98 | 21.13 | 1.51 |
| Sliced Black Olives - SR1390 (2 tbsp.) | 5 | 14.12 | 1.41 | 0.00 | 0.00 | 117.63 | 0.94 | 0.00 |
| Diced Red Tomatoes - SR1012 (2 tbsp.) | 5 | 4.43 | 0.05 | 0.01 | 0.00 | 1.23 | 0.96 | 0.22 |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors Italy-Comfort (Pastas) :39003 - ServingDate: 05/08/2023 | | | | | | | | |
| Italian Meat Sauce Pasta Bowl - SR2764 (1 bowl) | 60 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Cheese Lasagna Roll - SR2763 (1 roll.) | 30 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Build-to-Order, Italy Bowl - SR3459 (1 bowl) | 10 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Alfredo Cheese Sauce - SR2217 (1/2 c.) | 10 | 201.09 | 13.11 | 7.21 | 0.00 | 830.59 | 8.74 | 13.11 |
| Cheese Lasagna Rollup - SR1497 (1 roll.) | 40 | 277.32 | 4.01 | 2.06 | 0.00 | 510.06 | 42.88 | 17.16 |
| Beef Bolognese - SR1197 (2/3 c.) | 60 | 174.36 | 8.01 | 3.30 | 0.00 | 611.36 | 12.45 | 13.70 |
| Breadstick - SR1044 (1 breadstick) | 100 | 80.00 | 1.00 | 0.00 | 0.00 | 95.00 | 14.00 | 3.00 |
| Whole Wheat Spaghetti Noodles - SR1135 (1/2 c.) | 70 | 96.44 | 1.55 | 0.21 | 0.00 | 211.37 | 19.80 | 3.33 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Broccoli and Red Peppers - SR2024 (1/4 c.) | 20 | 42.86 | 3.33 | 0.24 | 0.00 | 4.53 | 2.92 | 1.25 |
| Parmesan Green Beans - SR1144 (1/4 c.) | 20 | 20.95 | 1.17 | 0.16 | 0.00 | 6.83 | 2.59 | 0.65 |
| Roasted Butternut Squash - SR1408 (1/4 c.) | 10 | 36.65 | 0.16 | 0.01 | 0.00 | 15.85 | 9.28 | 0.60 |
| Grated Parmesan Cheese - SR1553 (1/2 tsp.) | 10 | 3.33 | 0.25 | 0.17 | 0.00 | 15.00 | 0.17 | 0.17 |
| Red Pepper Flakes - SR1554 (1/4 tsp.) | 10 | 1.43 | 0.08 | 0.01 | 0.00 | 0.14 | 0.25 | 0.05 |
| SY21-22 - FoodiE-Global Flavors Asia-Pizza 2.0 :39003 - ServingDate: 05/09/2023 | | | | | | | | |
| Korean BBQ Flatbread Pizza - SR3385 (1 ea.) | 30 | 423.05 | 19.69 | 9.13 | 0.00 | 1154.09 | 37.31 | 24.75 |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors Asia-Pizza 2.0 :39003 - ServingDate: 05/09/2023 | | | | | | | | |
| Teriyaki Meatball Roll Up - SR3486 (1 ea.) | 30 | 504.74 | 24.63 | 7.28 | 0.02 | 798.73 | 47.44 | 25.20 |
| Three Cheese Flatbread Pizza - SR1567 (1 ea.) | 30 | 369.98 | 17.48 | 8.90 | 0.00 | 978.73 | 34.77 | 19.68 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Broccoli - SR1852 (1/4 c.) | 20 | 32.75 | 2.25 | 0.17 | 0.00 | 36.04 | 2.70 | 1.50 |
| Spicy Asian Vegetable Blend - SR2607 (1/4 c.) | 30 | 40.13 | 3.73 | 0.29 | 0.01 | 99.77 | 1.93 | 0.41 |
| Soy Roasted Potatoes - SR2609 (1/4 c.) | 45 | 93.22 | 6.52 | 0.76 | 0.00 | 335.25 | 9.59 | 0.74 |
| Green Onion - SR1946 (1 tbsp.) | 5 | 2.01 | 0.01 | 0.00 | 0.00 | 1.00 | 0.46 | 0.12 |
| Sriracha Hot Chili Sauce - SR2209 (1 tbsp.) | 20 | 21.09 | 0.09 | 0.04 | 0.00 | 517.39 | 4.70 | 0.37 |
| SY21-22 - FoodiE-Global Flavors Mexico- Pizza 2.0 :39003 - ServingDate: 05/10/2023 | | | | | | | | |
| Cheese Calzone, 5" - SR2629 (1 ea.) | 60 | 363.22 | 12.23 | 6.38 | 0.08 | 593.09 | 42.48 | 22.00 |
| Taco Calzone, 5" - SR2633 (1 ea.) | 40 | 328.42 | 9.25 | 4.21 | 0.00 | 567.38 | 38.78 | 21.77 |
| From the Garden Bar - SR2596 (1 serv.) | 1 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Mexican Black Beans - SR1026 (1/4 c.) | 30 | 32.67 | 0.04 | 0.01 | 0.00 | 39.75 | 6.07 | 1.98 |
| Mex Zucchini - SR1697 (1/4 c.) | 30 | 73.65 | 7.26 | 0.56 | 0.00 | 85.74 | 2.54 | 0.86 |
| Mex Roasted Sweet Potatoes - SR2277 (1/4 c.) | 30 | 75.58 | 2.89 | 0.20 | 0.00 | 96.15 | 12.18 | 0.82 |
| Jalapeno Pepper Slices - SR1074 (1 tbsp.) | 30 | 0.00 | 0.00 | 0.00 | 0.00 | 174.42 | 0.00 | 0.00 |
| Homemade Salsa - SR1007 (2 tbsp.) | 30 | 7.38 | 0.03 | 0.01 | 0.00 | 78.67 | 1.55 | 0.26 |
| Sour Cream - SR1659 (1 tbsp.) | 30 | 30.00 | 2.50 | 1.75 | 0.00 | 7.50 | 0.50 | 0.50 |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors Mediterranean- Pizza 2.0 :39003 - ServingDate: 05/11/2023 | | | | | | | | |
| Greek Meatball Flatbread Roll Up - SR2622 (1 ea.) | 60 | 458.33 | 24.45 | 7.14 | 0.00 | 654.82 | 36.56 | 24.90 |
| Three Cheese Flatbread Pizza - SR1567 (1 ea.) | 40 | 369.98 | 17.48 | 8.90 | 0.00 | 978.73 | 34.77 | 19.68 |
| From the Garden Bar - SR2596 (1 serv.) | 5 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Chickpeas - SR1047 (1/4 c.) | 10 | 98.28 | 1.86 | 0.03 | 0.00 | 169.51 | 15.32 | 5.11 |
| Roasted Broccoli - SR1852 (1/4 c.) | 25 | 32.75 | 2.25 | 0.17 | 0.00 | 36.04 | 2.70 | 1.50 |
| Roasted Summer Squash - SR1523 (1/4 c.) | 10 | 17.16 | 1.07 | 0.09 | 0.00 | 21.09 | 1.64 | 0.42 |
| Sliced Black Olives - SR1390 (2 tbsp.) | 5 | 14.12 | 1.41 | 0.00 | 0.00 | 117.63 | 0.94 | 0.00 |
| Diced Red Tomatoes - SR1012 (2 tbsp.) | 5 | 4.43 | 0.05 | 0.01 | 0.00 | 1.23 | 0.96 | 0.22 |
| SY21-22 - FoodiE-Global Flavors America-Pizza 2.0 :39003 - ServingDate: 05/12/2023 | | | | | | | | |
| Buffalo Chicken Flatbread Roll Up - SR2618 (1 ea.) | 65 | 401.70 | 18.34 | 6.41 | 0.00 | 1361.79 | 37.29 | 20.98 |
| Cheese Calzone, 5" - SR2629 (1 ea.) | 35 | 363.22 | 12.23 | 6.38 | 0.08 | 593.09 | 42.48 | 22.00 |
| From the Garden Bar - SR2596 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Roasted Broccoli - SR1852 (1/4 c.) | 10 | 32.75 | 2.25 | 0.17 | 0.00 | 36.04 | 2.70 | 1.50 |
| Green Beans, Low Country Green Beans - SR2616 (1/4 c.) | 25 | 34.07 | 2.35 | 0.32 | 0.00 | 173.75 | 2.83 | 1.02 |
| Country Style Potato Wedges - SR1029 (1/4 c.) | 100 | 55.88 | 1.86 | 0.23 | 0.00 | 65.19 | 9.31 | 0.93 |
| Grated Parmesan Cheese - SR1553 (1/2 tsp.) | 30 | 3.33 | 0.25 | 0.17 | 0.00 | 15.00 | 0.17 | 0.17 |

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 - FoodiE-Global Flavors America-Pizza 2.0 :39003 - ServingDate: 05/12/2023 | | | | | | | | |
| Red Pepper Flakes - SR1554 (1/4 tsp.) | 5 | 1.43 | 0.08 | 0.01 | 0.00 | 0.14 | 0.25 | 0.05 |

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: FoodiE Cafe
 Menu Line: FE-Global Flavors (II-Play)
 Serving Group: 6-8
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.