

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE-Everyday Selects Hot-Grill W5 :39000 - ServingDate: 05/01/2023								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	10	240.00	14.00	2.50	0.00	440.00	16.00	14.00
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	40	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Sy21-22 - FoodiE-Everyday Selects Hot-Pizza W5 :39000 - ServingDate: 05/02/2023								
Buffalo Chicken Pizza - OKR1180 (1 slice)	16	462.77	19.41	7.66	0.00	918.30	48.04	22.17
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	50	434.67	19.20	8.20	0.00	554.67	43.19	20.60
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)	30	84.91	7.90	1.64	0.00	162.53	2.81	1.48

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE-Everyday Selects Hot-Nacho W1,3,5 :39000 - ServingDate: 05/03/2023								
Carnitas Nachos - SR2656 (1 nacho)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Refried Beans - SR2654 (1 nacho)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Taco Meat - SR2655 (1 nacho)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Cheddar Nachos - SR3454 (1 nacho)	40	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (3/8 c.)	100	171.73	13.80	7.51	0.00	634.80	3.07	10.73
Vegetarian Refried Beans - OKR1472 (1/4 c.)	5	85.21	0.83	0.01	0.00	184.90	14.71	3.26
Beef Taco Filling - SR1528 (3 tbsp.)	45	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Turkey Carnitas - SR1262 (1/4 c.)	10	75.98	3.49	0.59	0.00	480.16	2.66	8.42
Tortilla Chips - SR1065 (1 1/2 oz.)	100	206.18	8.84	1.47	0.00	169.36	29.45	2.94
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	40	65.34	0.08	0.02	0.00	79.50	12.15	3.95
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Homemade Salsa - SR1007 (2 tbsp.)	40	7.38	0.03	0.01	0.00	78.67	1.55	0.26
Sour Cream - SR1659 (1 tbsp.)	40	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY 21-22 - FoodiE-Everyday Selects Hot-Baskets W1,3,5 :39000 - ServingDate: 05/04/2023								
Chicken Drumstick Basket - SR2643 (1 Basket)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Nugget Basket - SR2641 (1 Basket)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 - FoodiE- Everyday Selects Hot-Baskets W1,3,5 :39000 - ServingDate: 05/04/2023								
Glazed Chicken Drumstick - SR2447 (1 piece)	25	248.99	15.56	3.89	0.00	497.98	3.11	24.90
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Dinner Roll - SR1009 (1 roll.)	100	160.00	3.00	0.00	0.00	135.00	29.00	7.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/4 c.)	40	32.75	2.25	0.17	0.00	36.04	2.70	1.50
Spiral-cut French Fries - SR2509 (1/2 c.)	100	106.91	5.70	0.71	0.00	256.57	14.25	1.43
Barbecue Sauce - SR1008 (2 tbsp.)	10	30.00	0.00	0.00	0.00	470.00	7.00	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	30	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Honey Mustard - SR2614 (1 tbsp.)	20	71.50	6.05	1.10	0.00	77.00	3.30	0.00
Tartar Sauce - SR2615 (1 tbsp.)	10	43.34	3.60	0.40	0.00	88.36	3.11	0.01
SY21-22 - FoodiE- Everyday Selects Hot-Grill W5 :39000 - ServingDate: 05/05/2023								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	10	240.00	14.00	2.50	0.00	440.00	16.00	14.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE- Everyday Selects Hot-Grill W5 :39000 - ServingDate: 05/05/2023								
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	40	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00
SY21-22 - FoodiE- Everyday Selects Hot-Pizza W6 :39000 - ServingDate: 05/08/2023								
Cheese Pizza - SR2081 (1 slice)	25	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Italian Sausage Pizza - SR2083 (1 slice)	25	434.49	18.94	8.01	0.05	534.20	43.51	20.52
Pepperoni Pizza - SR2084 (1 slice)	50	434.67	19.20	8.20	0.00	554.67	43.19	20.60
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)	30	84.91	7.90	1.64	0.00	162.53	2.81	1.48
SY21-22 - FoodiE- Everyday Selects Hot-Nacho W2,4,6 :39000 - ServingDate: 05/09/2023								
Fajita Chicken & Cheese Nachos, MIA - SR2657 (1 nacho)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Refried Beans - SR2654 (1 nacho)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Taco Meat - SR2655 (1 nacho)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Cheddar Nachos - SR3454 (1 nacho)	40	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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SY21-22 - FoodiE- Everyday Selects Hot-Nacho W2,4,6 :39000 - ServingDate: 05/09/2023								
Cheddar Cheese Sauce - SR1293 (3/8 c.)	100	171.73	13.80	7.51	0.00	634.80	3.07	10.73
Vegetarian Refried Beans - OKR1472 (1/4 c.)	5	85.21	0.83	0.01	0.00	184.90	14.71	3.26
Fajita Chicken - SR2529 (1/3 c.)	40	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR1528 (3 tbsp.)	45	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Tortilla Chips - SR1065 (1 1/2 oz.)	100	206.18	8.84	1.47	0.00	169.36	29.45	2.94
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/4 c.)	40	32.67	0.04	0.01	0.00	39.75	6.07	1.98
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Homemade Salsa - SR1007 (2 tbsp.)	40	7.38	0.03	0.01	0.00	78.67	1.55	0.26
Sour Cream - SR1659 (1 tbsp.)	40	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY21-22 - FoodiE- Everyday Selects Hot-Baskets W2,4,6 :39000 - ServingDate: 05/10/2023								
Chicken Nugget Basket - SR2641 (1 Basket)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mozzarella Stuffed Breadstick Basket - SR2644 (1 Basket)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	25	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Dinner Roll - SR1009 (1 roll.)	75	160.00	3.00	0.00	0.00	135.00	29.00	7.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE- Everyday Selects Hot-Baskets W2,4,6 :39000 - ServingDate: 05/10/2023								
Roasted Broccoli - SR1852 (1/4 c.)	40	32.75	2.25	0.17	0.00	36.04	2.70	1.50
Spaghetti Sauce - SR2220 (1/4 c.)	25	32.36	0.25	0.03	0.00	129.82	6.67	1.04
Spiral-cut French Fries - SR2509 (1/2 c.)	100	106.91	5.70	0.71	0.00	256.57	14.25	1.43
Barbecue Sauce - SR1008 (2 tbsp.)	10	30.00	0.00	0.00	0.00	470.00	7.00	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	10	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Honey Mustard - SR2614 (1 tbsp.)	10	71.50	6.05	1.10	0.00	77.00	3.30	0.00
Tartar Sauce - SR2615 (1 tbsp.)	10	43.34	3.60	0.40	0.00	88.36	3.11	0.01
Sy21-22 - FoodiE- Everyday Selects Hot-Grill W6 :39000 - ServingDate: 05/11/2023								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fish Sandwich - SR2759 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Fish Patty - SR1985 (1 patty)	10	170.00	7.00	1.00	0.00	270.00	16.00	11.00
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	40	4.54	0.05	0.01	0.00	157.91	0.97	0.26

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Sy21-22 - FoodiE-Everyday Selects Hot-Grill W6 :39000 - ServingDate: 05/11/2023								
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00
SY21-22 - FoodiE-Everyday Selects Hot-Pizza W6 :39000 - ServingDate: 05/12/2023								
Cheese Pizza - SR2081 (1 slice)	25	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Italian Sausage Pizza - SR2083 (1 slice)	25	434.49	18.94	8.01	0.05	534.20	43.51	20.52
Pepperoni Pizza - SR2084 (1 slice)	50	434.67	19.20	8.20	0.00	554.67	43.19	20.60
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)	30	84.91	7.90	1.64	0.00	162.53	2.81	1.48
SY21-22 - FoodiE-Everyday Selects Hot-Grill W1 :39000 - ServingDate: 05/15/2023								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Classic Grilled Cheese Sandwich - SR2647 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Grilled Cheese Sandwich - SR2820 (1 sandwich)	10	360.00	20.00	10.00	0.00	859.99	30.00	16.00
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	0	160.00	2.00	0.00	0.00	270.00	31.00	6.00

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SY21-22 - FoodiE-Everyday Selects Hot-Grill W1 :39000 - ServingDate: 05/15/2023								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	40	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00
SY21-22 - FoodiE-Everyday Selects Hot-Pizza W1 D2 :39000 - ServingDate: 05/16/2023								
Cheese Pizza - SR2081 (1 slice)	30	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Hawaiian Pizza - SR2082 (1 slice)	20	434.55	16.94	7.28	0.00	530.00	47.11	21.63
Pepperoni Pizza - SR2084 (1 slice)	50	434.67	19.20	8.20	0.00	554.67	43.19	20.60
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)	30	84.91	7.90	1.64	0.00	162.53	2.81	1.48
SY21-22 - FoodiE-Everyday Selects Hot-Nacho W1,3,5 :39000 - ServingDate: 05/17/2023								
Carnitas Nachos - SR2656 (1 nacho)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Refried Beans - SR2654 (1 nacho)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Taco Meat - SR2655 (1 nacho)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Cheddar Nachos - SR3454 (1 nacho)	40	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (3/8 c.)	100	171.73	13.80	7.51	0.00	634.80	3.07	10.73
Vegetarian Refried Beans - OKR1472 (1/4 c.)	5	85.21	0.83	0.01	0.00	184.90	14.71	3.26

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SY21-22 - FoodiE- Everyday Selects Hot-Nacho W1,3,5 :39000 - ServingDate: 05/17/2023								
Beef Taco Filling - SR1528 (3 tbsp.)	45	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Turkey Carnitas - SR1262 (1/4 c.)	10	75.98	3.49	0.59	0.00	480.16	2.66	8.42
Tortilla Chips - SR1065 (1 1/2 oz.)	100	206.18	8.84	1.47	0.00	169.36	29.45	2.94
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	40	65.34	0.08	0.02	0.00	79.50	12.15	3.95
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Homemade Salsa - SR1007 (2 tbsp.)	40	7.38	0.03	0.01	0.00	78.67	1.55	0.26
Sour Cream - SR1659 (1 tbsp.)	40	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY 21-22 - FoodiE- Everyday Selects Hot-Baskets W1,3,5 :39000 - ServingDate: 05/18/2023								
Chicken Drumstick Basket - SR2643 (1 Basket)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Nugget Basket - SR2641 (1 Basket)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Glazed Chicken Drumstick - SR2447 (1 piece)	25	248.99	15.56	3.89	0.00	497.98	3.11	24.90
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Dinner Roll - SR1009 (1 roll.)	100	160.00	3.00	0.00	0.00	135.00	29.00	7.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/4 c.)	40	32.75	2.25	0.17	0.00	36.04	2.70	1.50
Spiral-cut French Fries - SR2509 (1/2 c.)	100	106.91	5.70	0.71	0.00	256.57	14.25	1.43
Barbecue Sauce - SR1008 (2 tbsp.)	10	30.00	0.00	0.00	0.00	470.00	7.00	0.00

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 - FoodiE- Everyday Selects Hot-Baskets W1,3,5 :39000 - ServingDate: 05/18/2023								
Buffalo Sauce - SR2613 (1 tbsp.)	30	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Honey Mustard - SR2614 (1 tbsp.)	20	71.50	6.05	1.10	0.00	77.00	3.30	0.00
Tartar Sauce - SR2615 (1 tbsp.)	10	43.34	3.60	0.40	0.00	88.36	3.11	0.01
SY21-22 - FoodiE- Everyday Selects Hot-Grill W1 :39000 - ServingDate: 05/19/2023								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Classic Grilled Cheese Sandwich - SR2647 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Grilled Cheese Sandwich - SR2820 (1 sandwich)	10	360.00	20.00	10.00	0.00	859.99	30.00	16.00
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	0	160.00	2.00	0.00	0.00	270.00	31.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	40	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE- Everyday Selects Hot-Pizza W2 :39000 - ServingDate: 05/22/2023								
Barbecue Chicken Pizza - SR2597 (1 slice)	25	426.00	16.50	7.00	0.00	579.33	44.87	22.00
Cheese Pizza - SR2081 (1 slice)	25	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	50	434.67	19.20	8.20	0.00	554.67	43.19	20.60
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)	40	84.91	7.90	1.64	0.00	162.53	2.81	1.48
SY21-22 - FoodiE- Everyday Selects Hot-Nacho W2,4,6 :39000 - ServingDate: 05/23/2023								
Fajita Chicken & Cheese Nachos, MIA - SR2657 (1 nacho)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Refried Beans - SR2654 (1 nacho)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Nachos with Taco Meat - SR2655 (1 nacho)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Cheddar Nachos - SR3454 (1 nacho)	40	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (3/8 c.)	100	171.73	13.80	7.51	0.00	634.80	3.07	10.73
Vegetarian Refried Beans - OKR1472 (1/4 c.)	5	85.21	0.83	0.01	0.00	184.90	14.71	3.26
Fajita Chicken - SR2529 (1/3 c.)	40	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Beef Taco Filling - SR1528 (3 tbsp.)	45	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Tortilla Chips - SR1065 (1 1/2 oz.)	100	206.18	8.84	1.47	0.00	169.36	29.45	2.94
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/4 c.)	40	32.67	0.04	0.01	0.00	39.75	6.07	1.98

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE- Everyday Selects Hot-Nacho W2,4,6 :39000 - ServingDate: 05/23/2023								
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Homemade Salsa - SR1007 (2 tbsp.)	40	7.38	0.03	0.01	0.00	78.67	1.55	0.26
Sour Cream - SR1659 (1 tbsp.)	40	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY21-22 - FoodiE- Everyday Selects Hot-Baskets W2,4,6 :39000 - ServingDate: 05/24/2023								
Chicken Nugget Basket - SR2641 (1 Basket)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mozzarella Stuffed Breadstick Basket - SR2644 (1 Basket)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	25	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Dinner Roll - SR1009 (1 roll.)	75	160.00	3.00	0.00	0.00	135.00	29.00	7.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/4 c.)	40	32.75	2.25	0.17	0.00	36.04	2.70	1.50
Spaghetti Sauce - SR2220 (1/4 c.)	25	32.36	0.25	0.03	0.00	129.82	6.67	1.04
Spiral-cut French Fries - SR2509 (1/2 c.)	100	106.91	5.70	0.71	0.00	256.57	14.25	1.43
Barbecue Sauce - SR1008 (2 tbsp.)	10	30.00	0.00	0.00	0.00	470.00	7.00	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	10	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Honey Mustard - SR2614 (1 tbsp.)	10	71.50	6.05	1.10	0.00	77.00	3.30	0.00
Tartar Sauce - SR2615 (1 tbsp.)	10	43.34	3.60	0.40	0.00	88.36	3.11	0.01

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE-Everyday Selects Hot-Grill W2 :39000 - ServingDate: 05/25/2023								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot Dog - SR3119 (1 sandwich)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Original Hot Dog - SR1117 (1 serving (1))	0	271.50	11.61	2.53	0.00	533.25	28.01	14.10
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	10	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bimbo Hot Dog Bun - OKR1628 (1 roll (hamb))	10	160.00	2.00	0.00	0.00	270.00	31.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	40	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00
SY21-22 - FoodiE-Everyday Selects Hot-Pizza W2 :39000 - ServingDate: 05/26/2023								
Barbecue Chicken Pizza - SR2597 (1 slice)	25	426.00	16.50	7.00	0.00	579.33	44.87	22.00
Cheese Pizza - SR2081 (1 slice)	25	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	50	434.67	19.20	8.20	0.00	554.67	43.19	20.60
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1/2 c.)	40	84.91	7.90	1.64	0.00	162.53	2.81	1.48

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 - FoodiE- Everyday Selects Hot-Baskets W1,3,5 :39000 - ServingDate: 05/30/2023								
Chicken Drumstick Basket - SR2643 (1 Basket)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Nugget Basket - SR2641 (1 Basket)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Glazed Chicken Drumstick - SR2447 (1 piece)	25	248.99	15.56	3.89	0.00	497.98	3.11	24.90
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Dinner Roll - SR1009 (1 roll.)	100	160.00	3.00	0.00	0.00	135.00	29.00	7.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/4 c.)	40	32.75	2.25	0.17	0.00	36.04	2.70	1.50
Spiral-cut French Fries - SR2509 (1/2 c.)	100	106.91	5.70	0.71	0.00	256.57	14.25	1.43
Barbecue Sauce - SR1008 (2 tbsp.)	10	30.00	0.00	0.00	0.00	470.00	7.00	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	30	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Honey Mustard - SR2614 (1 tbsp.)	20	71.50	6.05	1.10	0.00	77.00	3.30	0.00
Tartar Sauce - SR2615 (1 tbsp.)	10	43.34	3.60	0.40	0.00	88.36	3.11	0.01
SY21-22 - FoodiE- Everyday Selects Hot-Grill W3 :39000 - ServingDate: 05/31/2023								
BBQ Rib Sandwich - SR2649 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	65	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Barbecue Pork Riblet - SR2037 (1 patty)	10	175.00	10.00	3.50	0.00	625.00	11.50	12.00

Menu Calendar Nutrient Analysis Report - May, 2023

Site: Guthrie Junior High
 Date: 05/01/2023 - 05/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 - FoodiE-Everyday Selects Hot-Grill W3 :39000 - ServingDate: 05/31/2023								
Hamburger Patty - SR1652 (1 patty)	25	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	65	230.00	13.00	2.50	0.00	350.00	15.00	13.00
American Cheese Slice - SR2821 (1/2 oz.)	20	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Bimbo Bun - OKR1738 (1 roll (hamb))	0	160.00	2.00	0.00	0.00	270.00	31.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Burger Topping - SR2640 (1 serving)	20	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Baked French Fries - SR1444 (1/2 c.)	100	90.40	2.51	0.00	0.00	30.13	16.07	1.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: FoodiE Cafe
 Menu Line: FE-Everyday Selects (Grill/Nacho/Pizza conv)
 Serving Group: 6-8
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.