

# Guthrie Junior High

## May 23-27

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Asian Meatballs with Lo Mein with Broccoli
- TUESDAY** Manager Choice
- WEDNESDAY** Chicken Alfredo Mac with Broccoli and Carrots
- THURSDAY** Manager Choice
- FRIDAY**

**V**

### Daily Special

*Hamburger, Cheeseburger, Crispy Chicken Sandwich OR Spicy Crispy Chicken Sandwich*



- MONDAY** Chicken Tenders and Tots
- TUESDAY** Chicken Nuggets and French Fries
- WEDNESDAY** Chicken Tenders and French Fries
- THURSDAY** Chicken Nuggets and Potato Wedges
- FRIDAY**



### One Student Said:

*"The Fiesta Potatoes with Queso on top is awesome"*

- MONDAY** Chicken Nachos or Tacos with Refried Beans
- TUESDAY** Beef Nachos or Tacos with Fiesta Potatoes
- WEDNESDAY** Manager Choice
- THURSDAY** Beef Nachos or Tacos with Fiesta Potatoes
- FRIDAY**



### Daily Special

*Cheese and Pepperoni Pizza*

- MONDAY** Sausage Pizza
- TUESDAY** Personal Pan Pepperoni Pizza
- WEDNESDAY** Pizza of the Month
- THURSDAY** Manager Choice
- FRIDAY**



### Daily Special

*Ham Sub or Turkey Sub*

- MONDAY** Chef Salad or Crispy Chicken Wrap
- TUESDAY** Chef Salad or Crispy Chicken Wrap
- WEDNESDAY** Chef Salad or Crispy Chicken Wrap
- THURSDAY** Chef Salad or Crispy Chicken Wrap
- FRIDAY**

**V Vegetarian**  
**SP Smart Pick**

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

*This institution is an equal opportunity provider.*

Nutrition Information is available upon request.

