Guthrie Jr High

November 29 - December 3

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

THRIVE

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

REVOLVE

MONDAY	Asian Meatballs with Lo Mein with Broccoli
TUESDAY	Pancakes with Scrambled Eggs **V**
WEDNESDAY	Chicken Alfredo Mac with Broccoli and Carrots
THURSDAY	Chili and Cornbread with Corn
FRIDAY	Popcorn Chicken Bowl with Mashed Potatoes and Gravy and Green Beans

HONOR ROLL

MONDAY	Hamburger, Cheeseburger, Crispy or Spicy Crispy Chicken Sandwich with Tots
TUESDAY	Hamburger, Cheeseburger, Crispy or Spicy Crispy Chicken Sandwich with French Fries
WEDNESDAY	Hamburger, Cheeseburger, Crispy or Spicy Crispy Chicken Sandwich with Tots
THURSDAY	Hamburger, Cheeseburger, Crispy or Spicy Crispy Chicken Sandwich with Potato Wedges
FRIDAY	Hamburger, Cheeseburger, Crispy or Spicy Crispy Chicken Sandwich with French Fries

FIESTA

One Student Said:

"The Fiesta Potatoes with Queso on top is awesome"

MONDAY	Chicken Nachos with Refried Beans
TUESDAY	Beef Tacos with Fiesta Potatoes
WEDNESDAY	Chicken Enchiladas with Refried Beans
THURSDAY	Beef Nachos with Fiesta Potatoes
FRIDAY	Chicken Tacos with Charro Beans

UPPER CRUST

Daily Special

Cheese and Pepperoni Pizza

MONDAY	Sausage Pizza
TUESDAY	Pepperoni Pizza
WEDNESDAY	Pizza of the Month
THURSDAY	Meatlover's Calzones
FRIDAY	Supreme Pizza

FAST TAKES

Daily Special

Ham Sub or Turkey Sub

MONDAY	Chef Salad or Crispy Chicken Wrap
TUESDAY	Chef Salad or Crispy Chicken Wrap
WEDNESDAY	Chef Salad or Crispy Chicken Wrap
THURSDAY	Chef Salad or Crispy Chicken Wrap
FRIDAY	Crispy Chicken Wrap

V Vegetarian
SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

PY cafe by sodexo