

Menu Calendar Nutrient Analysis Report - May, 2022

Generated on: 4/4/2022 4:27:17 PM by Janette Freyre

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W1D1 :37257 - ServingDate: 05/02/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Chef Salad, USDA - OKR1839 (1 salad)	5	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Chilly Philly Submarine Sandwich - SR1777 (1 sandwich)	5	392.60	14.72	4.22	0.00	780.45	36.50	29.97
Chilly Philly Salad - SR1816 (1 salad)	5	261.05	11.81	4.24	0.00	624.65	13.23	26.04
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W1D2 :37257 - ServingDate: 05/03/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Fajita Chicken Caesar Salad - OKR1575 (1 salad)	5	236.32	9.62	3.82	0.00	1056.22	12.46	25.09
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	1	338.02	13.01	1.60	0.00	401.37	35.47	23.12
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W1D2 :37257 - ServingDate: 05/03/2022								
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Buffalo Chicken Wrap - SR1953 (1 wrap)	5	487.83	22.56	7.82	0.00	1768.20	49.24	21.28
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W1D3 :37257 - ServingDate: 05/04/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Crispy Chicken Salad - OKR1461 (1 salad)	5	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Southwest BBQ Chicken Submarine Sandwich - SR1894 (1 sandwich)	5	391.41	11.65	3.47	0.00	956.30	44.05	29.59
Southwest BBQ Chicken Salad - SR1958 (1 salad)	5	259.87	8.69	3.48	0.00	813.75	20.93	25.40
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W1D4 :37257 - ServingDate: 05/05/2022								
American Style Sub - OKR1838 (1 sandwich)	5	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	5	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	5	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Southern style Crispy Chicken Salad - SR1962 (1 salad)	5	390.25	22.11	6.30	0.00	636.25	24.92	23.04
Southern Style Crispy Chicken Wrap - SR1960 (1 wrap)	5	522.55	25.61	8.83	0.00	850.26	49.09	23.35
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core -FAST-Regional American W1D5 :37257 - ServingDate: 05/06/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Fiesta Beef Salad - SR1110 (1 salad)	5	166.41	6.64	3.33	0.00	665.83	13.98	12.57
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
 Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core -FAST-Regional American W1D5 :37257 - ServingDate: 05/06/2022								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W2D1 :37258 - ServingDate: 05/09/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Chef Salad, USDA - OKR1839 (1 salad)	5	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Chilly Philly Submarine Sandwich - SR1777 (1 sandwich)	5	392.60	14.72	4.22	0.00	780.45	36.50	29.97
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Chilly Philly Salad - SR1816 (1 salad)	5	261.05	11.81	4.24	0.00	624.65	13.23	26.04
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W2D2 :37258 - ServingDate: 05/10/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Fajita Chicken Caesar Salad - OKR1575 (1 salad)	5	236.32	9.62	3.82	0.00	1056.22	12.46	25.09
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	1	338.02	13.01	1.60	0.00	401.37	35.47	23.12

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W2D2 :37258 - ServingDate: 05/10/2022								
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Buffalo Chicken Wrap - SR1953 (1 wrap)	5	487.83	22.56	7.82	0.00	1768.20	49.24	21.28
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W2D3 :37258 - ServingDate: 05/11/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Crispy Chicken Salad - OKR1461 (1 salad)	5	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Southwest BBQ Chicken Submarine Sandwich - SR1894 (1 sandwich)	5	391.41	11.65	3.47	0.00	956.30	44.05	29.59
Southwest BBQ Chicken Salad - SR1958 (1 salad)	5	259.87	8.69	3.48	0.00	813.75	20.93	25.40
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W2D3 :37258 - ServingDate: 05/11/2022								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W2D4 :37258 - ServingDate: 05/12/2022								
American Style Sub - OKR1838 (1 sandwich)	5	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	5	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	5	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Southern style Crispy Chicken Salad - SR1962 (1 salad)	5	390.25	22.11	6.30	0.00	636.25	24.92	23.04
Southern Style Crispy Chicken Wrap - SR1960 (1 wrap)	5	522.55	25.61	8.83	0.00	850.26	49.09	23.35
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core -FAST-Regional American W2D5 :37258 - ServingDate: 05/13/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
 Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core -FAST-Regional American W2D5 :37258 - ServingDate: 05/13/2022								
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Fiesta Beef Salad - SR1110 (1 salad)	5	166.41	6.64	3.33	0.00	665.83	13.98	12.57
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W1D1 :37257 - ServingDate: 05/16/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Chef Salad, USDA - OKR1839 (1 salad)	5	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Chilly Philly Submarine Sandwich - SR1777 (1 sandwich)	5	392.60	14.72	4.22	0.00	780.45	36.50	29.97
Chilly Philly Salad - SR1816 (1 salad)	5	261.05	11.81	4.24	0.00	624.65	13.23	26.04
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W1D2 :37257 - ServingDate: 05/17/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W1D2 :37257 - ServingDate: 05/17/2022								
Large Fajita Chicken Caesar Salad - OKR1575 (1 salad)	5	236.32	9.62	3.82	0.00	1056.22	12.46	25.09
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	1	338.02	13.01	1.60	0.00	401.37	35.47	23.12
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Buffalo Chicken Wrap - SR1953 (1 wrap)	5	487.83	22.56	7.82	0.00	1768.20	49.24	21.28
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W1D3 :37257 - ServingDate: 05/18/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Crispy Chicken Salad - OKR1461 (1 salad)	5	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Southwest BBQ Chicken Submarine Sandwich - SR1894 (1 sandwich)	5	391.41	11.65	3.47	0.00	956.30	44.05	29.59

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W1D3 :37257 - ServingDate: 05/18/2022								
Southwest BBQ Chicken Salad - SR1958 (1 salad)	5	259.87	8.69	3.48	0.00	813.75	20.93	25.40
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W1D4 :37257 - ServingDate: 05/19/2022								
American Style Sub - OKR1838 (1 sandwich)	5	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	5	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	5	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Southern style Crispy Chicken Salad - SR1962 (1 salad)	5	390.25	22.11	6.30	0.00	636.25	24.92	23.04
Southern Style Crispy Chicken Wrap - SR1960 (1 wrap)	5	522.55	25.61	8.83	0.00	850.26	49.09	23.35
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core -FAST-Regional American W1D5 :37257 - ServingDate: 05/20/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core -FAST- Regional American W1D5 :37257 - ServingDate: 05/20/2022								
Blueberry Patch Parfait - SR1733 (1 parfait)	5	409.05 (M)	7.74(M)	1.57(M)	0.04(M)	234.58 (M)	75.19 (M)	9.81(M)
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Fiesta Beef Salad - SR1110 (1 salad)	5	166.41	6.64	3.33	0.00	665.83	13.98	12.57
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST- Regional American W2D1 :37258 - ServingDate: 05/23/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Chef Salad, USDA - OKR1839 (1 salad)	5	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Chilly Philly Submarine Sandwich - SR1777 (1 sandwich)	5	392.60	14.72	4.22	0.00	780.45	36.50	29.97
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Chilly Philly Salad - SR1816 (1 salad)	5	261.05	11.81	4.24	0.00	624.65	13.23	26.04
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W2D2 :37258 - ServingDate: 05/24/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Fajita Chicken Caesar Salad - OKR1575 (1 salad)	5	236.32	9.62	3.82	0.00	1056.22	12.46	25.09
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	1	338.02	13.01	1.60	0.00	401.37	35.47	23.12
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Buffalo Chicken Wrap - SR1953 (1 wrap)	5	487.83	22.56	7.82	0.00	1768.20	49.24	21.28
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W2D3 :37258 - ServingDate: 05/25/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Large Crispy Chicken Salad - OKR1461 (1 salad)	5	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core - FAST-Regional American W2D3 :37258 - ServingDate: 05/25/2022								
Southwest BBQ Chicken Submarine Sandwich - SR1894 (1 sandwich)	5	391.41	11.65	3.47	0.00	956.30	44.05	29.59
Southwest BBQ Chicken Salad - SR1958 (1 salad)	5	259.87	8.69	3.48	0.00	813.75	20.93	25.40
Twisted Breadstick - OKR1002 (2 breadstick)	30	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY21-22 Core - FAST-Regional American W2D4 :37258 - ServingDate: 05/26/2022								
American Style Sub - OKR1838 (1 sandwich)	5	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Buffalo Chicken Salad - SR1956 (1 salad)	5	313.06	16.71	4.84	0.00	1476.33	22.32	18.64
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	5	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	5	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Southern style Crispy Chicken Salad - SR1962 (1 salad)	5	390.25	22.11	6.30	0.00	636.25	24.92	23.04
Southern Style Crispy Chicken Wrap - SR1960 (1 wrap)	5	522.55	25.61	8.83	0.00	850.26	49.09	23.35
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY21-22 Core -FAST-Regional American W2D5 :37258 - ServingDate: 05/27/2022								
American Style Sub - OKR1838 (1 sandwich)	10	332.58	14.02	5.65	0.00	777.33	32.81	21.65
Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich)	10	332.71	13.38	5.00	0.00	773.05	32.82	23.10
Turkey Ham & Cheese Sub - OKR1842 (1 sandwich)	10	332.45	14.65	6.30	0.00	781.62	32.79	20.19
Double Berry Parfait - SR1602 (1 parfait)	5	450.54 (M)	7.82(M)	1.57(M)	0.04(M)	236.08 (M)	87.28 (M)	10.14 (M)
Fiesta Beef Salad - SR1110 (1 salad)	5	166.41	6.64	3.33	0.00	665.83	13.98	12.57
Twisted Breadstick - OKR1002 (2 breadstick)	10	160.00	2.00	0.00	0.00	190.00	28.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Taste4
Menu Line: T4-Fast (tier I)
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.