

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/01/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/01/2022</b>								
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/02/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/02/2022</b>								
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/06/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/06/2022</b>								
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/06/2022</b>								
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/07/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/07/2022</b>								
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/08/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28

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<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/08/2022</b>								
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76

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<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/09/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
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Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
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Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65



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<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/09/2022</b>								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/12/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/12/2022</b>								
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/13/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/13/2022</b>								
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/13/2022</b>								
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/14/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/14/2022</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/15/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/15/2022</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/16/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Mexico Station - ServingDate: 09/16/2022</b>								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/20/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00



## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/20/2022</b>								
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/21/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/21/2022</b>								
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/21/2022</b>								
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/22/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/22/2022</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/23/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/23/2022</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/26/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/26/2022</b>								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/27/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/27/2022</b>								
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/28/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)



## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/28/2022</b>								
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/28/2022</b>								
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/29/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/29/2022</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/30/2022</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	3.04	1.52	0.00	460.17	1.52	13.67
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29

## Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 09/30/2022</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.31	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	12.00	1.50	0.00	0.00	33.00	3.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
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Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	1.91	0.21	0.00	38.75	1.61	0.60
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	2.26	0.25	0.00	110.09	2.38	0.76

**Legend**

(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

**Report Selections**

Meal Type: Lunch  
Site Group: Taste4  
Menu Line: T4-Mexico  
Serving Group: 9-12  
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.