

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W1D4 :37150 - ServingDate: 09/01/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Grilled Ham & Cheese Sandwich - SR3140 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	45	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	15	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Turkey Ham Meat Combo - OKR1889 (5 slice)	10	75.82	3.30	1.65	0.00	417.00	1.65	11.54
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Whole Wheat Sliced Sandwich Bread, Bimbo - OKR1786 (2 slice)	15	160.00	2.00	0.00	0.00	230.00	30.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W1D5 :37150 - ServingDate: 09/02/2022</b>								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	33	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	2	25.14	2.15	0.72	0.00	100.56	0.00	1.80

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W2D2 :37151 - ServingDate: 09/06/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mushroom and Swiss Burger - SR3276 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	0	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W2D3 :37151 - ServingDate: 09/07/2022</b>								
Blazing Hot Chicken Sub - SR2565 (1 sandwich)	10	304.39	9.44	2.54	0.00	856.57	34.51	20.25

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W2D3 :37151 - ServingDate: 09/07/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	15	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W2D4 :37151 - ServingDate: 09/08/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chili Dog - SR3285 (1 serving (1))	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W2D4 :37151 - ServingDate: 09/08/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chili con Carne - SR1379 (1 c.)	1	216.38	5.44	1.91	0.00	607.74	29.88	14.32
Turkey Frankfurter - SR2147 (1 frankfurte)	1	121.50	9.11	2.53	0.00	263.25	1.01	8.10
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bimbo Hot Dog Bun - OKR1628 (1 roll (hamb))	8	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W2D5 :37151 - ServingDate: 09/09/2022</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W2D5 :37151 - ServingDate: 09/09/2022</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	33	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pizza Burger - OKR1729 (1 burger)	5	368.04	13.81	5.35	0.00	686.47	35.76	22.27
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W3D1 :37152 - ServingDate: 09/12/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Burger - SR3278 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D1 :37152 - ServingDate: 09/12/2022</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	15	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	103	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.72	0.49	0.06	0.00	259.64	13.34	2.08
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W3D2 :37152 - ServingDate: 09/13/2022</b>								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D2 :37152 - ServingDate: 09/13/2022</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>21-22 - Grill - W3D3 :37152 - ServingDate: 09/14/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Italian Meatball Sandwich - SR2720 (1 sandwich)	14	(M)	(M)	(M)	(M)	(M)	(M)	(M)



# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D3 :37152 - ServingDate: 09/14/2022</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chicken Meatball Sauce - SR3066 (5 Meatballs)	1	223.16	11.29	3.40	0.00	388.49	15.48	15.79
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	15	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	14	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.72	0.49	0.06	0.00	259.64	13.34	2.08
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W3D4 :37152 - ServingDate: 09/15/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Gourmet Grilled Cheese - SR3274 (1 sandwich)	14	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D4 :37152 - ServingDate: 09/15/2022</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	15	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	15	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Whole Wheat Sliced Sandwich Bread, Bimbo - OKR1786 (2 slice)	15	160.00	2.00	0.00	0.00	230.00	30.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>21-22 - Grill - W3D5 :37152 - ServingDate: 09/16/2022</b>								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	10	332.89	12.00	3.50	0.10	861.89	42.01	18.00

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D5 :37152 - ServingDate: 09/16/2022</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bruschetta Topping - SR1627 (1/4 c.)	5	18.09	0.74	0.14	0.00	33.95	2.65	0.54
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>22-23 - Grill - Mexico W3D2 :39407 - ServingDate: 09/20/2022</b>								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W3D2 :39407 - ServingDate: 09/20/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	40	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>22-23 - Grill - Mexico W3D3 :39407 - ServingDate: 09/21/2022</b>								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W3D3 :39407 - ServingDate: 09/21/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	10	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>22-23 - Grill - Mexico W3D4 :39407 - ServingDate: 09/22/2022</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fish Sandwich - SR2759 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W3D4 :39407 - ServingDate: 09/22/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	35	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Fishwich - SR1105 (1 burger)	5	320.00	9.00	1.00	0.00	530.00	42.00	17.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Blue Ribbon Slaw - SR1254 (1/4 c.)	5	21.92	0.07	0.01	0.00	57.10	5.18	0.38
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>22-23 - Grill - Mexico W3D5 :39407 - ServingDate: 09/23/2022</b>								
BBQ Rib Sandwich - SR2649 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W3D5 :39407 - ServingDate: 09/23/2022</b>								
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Barbecue Pork Riblet - SR2037 (1 patty)	10	175.00	10.00	3.50	0.10	625.00	11.50	12.00
Hamburger Patty - SR1652 (1 patty)	35	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>22-23 - Grill - Mexico W4D1 :39408 - ServingDate: 09/26/2022</b>								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W4D1 :39408 - ServingDate: 09/26/2022</b>								
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	10	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>22-23 - Grill - Mexico W4D2 :39408 - ServingDate: 09/27/2022</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)



# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W4D2 :39408 - ServingDate: 09/27/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Western Burger - SR1084 (1 burger)	10	340.00	13.50	5.50	0.00	810.00	32.50	20.50
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>22-23 - Grill - Mexico W4D3 :39408 - ServingDate: 09/28/2022</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cordon Blue Burger Sandwich - SR3279 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W4D3 :39408 - ServingDate: 09/28/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	35	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	30	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Sliced Turkey Ham - SR1287 (1 slice)	5	25.00	1.25	0.38	0.00	120.00	0.00	3.50
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>22-23 - Grill - Mexico W4D4 :39408 - ServingDate: 09/29/2022</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chili Cheese Hot Dog - OKR1086 (1 serving)	10	377.19	15.79	5.01	0.00	713.57	40.22	19.13
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W4D4 :39408 - ServingDate: 09/29/2022</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
<b>22-23 - Grill - Mexico W4D5 :39408 - ServingDate: 09/30/2022</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Italian Meatball Sandwich - SR2720 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Grill - Mexico W4D5 :39408 - ServingDate: 09/30/2022</b>								
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chicken Meatball Sauce - SR3066 (5 Meatballs)	10	223.16	11.29	3.40	0.00	388.49	15.48	15.79
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	10	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	10	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Peppers and Onions Blend - SR1952 (1/4 c.)	10	34.82	2.09	0.18	0.00	44.27	4.12	0.61
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Taste4  
 Menu Line: T4-Grill (tier I)  
 Serving Group: 9-12  
 Nutrients Option: Expanded

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Guthrie High School  
Date: 09/01/2022 - 09/30/2022

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.