

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Pizza - Mexico Day 3 :38602 - ServingDate: 02/01/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 4 :38602 - ServingDate: 02/02/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Hawaiian Pizza - OKR1879 (1 slice)	16	337.37	10.58	4.92	0.00	749.70	39.10	22.36
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico W1 Day 5 :38602 - ServingDate: 02/03/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Chicken Bacon and Ranch Pizza - OKR1873 (1 slice)	16	366.67	13.72	5.26	0.00	783.04	36.79	22.95

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<b>22-23 - Pizza - Mexico W1 Day 5 :38602 - ServingDate: 02/03/2023</b>								
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 1 :38602 - ServingDate: 02/06/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 2 :38602 - ServingDate: 02/07/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Sausage Pizza - SR1474 (1 slice)	16	396.76	17.63	8.11	0.10	803.35	36.18	22.38
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Pizza - Mexico Day 3 :38602 - ServingDate: 02/08/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 4 :38602 - ServingDate: 02/09/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Hawaiian Pizza - OKR1879 (1 slice)	16	337.37	10.58	4.92	0.00	749.70	39.10	22.36
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico W2 Day 5 :38603 - ServingDate: 02/10/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taco Pizza - SR1334 (1 slice)	16	383.58	12.37	5.41	0.00	760.24	46.46	21.55

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Pizza - Mexico W2 Day 5 :38603 - ServingDate: 02/10/2023</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 1 :38602 - ServingDate: 02/13/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 2 :38602 - ServingDate: 02/14/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Sausage Pizza - SR1474 (1 slice)	16	396.76	17.63	8.11	0.10	803.35	36.18	22.38
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Pizza - Mexico Day 3 :38602 - ServingDate: 02/15/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 4 :38602 - ServingDate: 02/16/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Hawaiian Pizza - OKR1879 (1 slice)	16	337.37	10.58	4.92	0.00	749.70	39.10	22.36
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico W3 Day 5 :38604 - ServingDate: 02/17/2023</b>								
Barbecue Chicken Pizza - SR1506 (1 slice)	8	323.52	9.29	4.42	0.00	982.54	37.00	21.91
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Pizza - Mexico W3 Day 5 :38604 - ServingDate: 02/17/2023</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 2 :38602 - ServingDate: 02/21/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Sausage Pizza - SR1474 (1 slice)	16	396.76	17.63	8.11	0.10	803.35	36.18	22.38
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico Day 3 :38602 - ServingDate: 02/22/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26

# Menu Calendar Nutrient Analysis Report - February, 2023

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 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>22-23 - Pizza - Mexico Day 4 :38602 - ServingDate: 02/23/2023</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Hawaiian Pizza - OKR1879 (1 slice)	16	337.37	10.58	4.92	0.00	749.70	39.10	22.36
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>22-23 - Pizza - Mexico W3 Day 5 :38604 - ServingDate: 02/24/2023</b>								
Barbecue Chicken Pizza - SR1506 (1 slice)	8	323.52	9.29	4.42	0.00	982.54	37.00	21.91
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.53	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.12	15.15	7.22	0.00	719.57	35.32	20.84
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	22	7.49	0.17	0.03	0.00	130.30	1.45	0.26

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Taste4  
 Menu Line: T4-Pizza (tier I)  
 Serving Group: 9-12  
 Nutrients Option: Expanded

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
Date: 02/01/2023 - 02/28/2023

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.