

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/01/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52

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Site: Guthrie High School  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/01/2023</b>								
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/02/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00

## Menu Calendar Nutrient Analysis Report - February, 2023

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/02/2023</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/03/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/03/2023</b>								
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/06/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/06/2023</b>								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/07/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/07/2023</b>								
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/08/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA), Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35

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<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/08/2023</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/09/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)



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<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/09/2023</b>								
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/09/2023</b>								
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/10/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00

## Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/10/2023</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/13/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16

## Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/13/2023</b>								
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/14/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/14/2023</b>								
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/14/2023</b>								
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/15/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/15/2023</b>								
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/16/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/16/2023</b>								
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/17/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)



# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/17/2023</b>								
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50

## Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School

Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/21/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/21/2023</b>								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/22/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/22/2023</b>								
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/23/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA), Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/23/2023</b>								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/24/2023</b>								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/24/2023</b>								
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	61.76	2.02	1.01	0.00	306.78	1.01	9.11
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07

# Menu Calendar Nutrient Analysis Report - February, 2023

Site: Guthrie High School  
 Date: 02/01/2023 - 02/28/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 02/24/2023</b>								
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Taste4  
 Menu Line: T4-Mexico  
 Serving Group: 9-12  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.