

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School

Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W1D1 :37150 - ServingDate: 11/01/2021</b>								
BBQ Chicken Sandwich - SR2712 (1 sandwich)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Barbecue Chicken - SR2532 (1/4 c.)	1	120.00	2.31	0.00	0.00	643.08	8.62	13.85
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	2	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W1D2 :37150 - ServingDate: 11/02/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W1D2 :37150 - ServingDate: 11/02/2021</b>								
Philly Cheesesteak Sandwich - SR3369 (1 sandwich)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Beef - SR2461 (1/2 c.)	15	151.87	11.14	4.56	0.51	232.87	4.05	11.14
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	45	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	20	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Provolone Cheese Slice - OKR1213 (1/2 oz.)	20	53.34	4.00	2.00	0.00	120.01	0.00	3.33
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	20	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill -W1D3 :37150 - ServingDate: 11/03/2021</b>								
Bacon Burger - SR3277 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill -W1D3 :37150 - ServingDate: 11/03/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>21-22 - Grill - W1D4 :37150 - ServingDate: 11/04/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Grilled Ham & Cheese Sandwich - SR3140 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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<b>21-22 - Grill - W1D4 :37150 - ServingDate: 11/04/2021</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	45	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	45	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	15	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Turkey Ham Meat Combo - OKR1889 (5 slice)	10	75.82	3.30	1.65	0.00	417.00	1.65	11.54
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Whole Wheat Sliced Sandwich Bread, Bimbo - OKR1786 (2 slice)	15	160.00	2.00	0.00	0.00	230.00	30.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W1D5 :37150 - ServingDate: 11/05/2021</b>								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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<b>21-22 - Grill - W1D5 :37150 - ServingDate: 11/05/2021</b>								
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	33	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	2	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>21-22 - Grill - W2D1 :37151 - ServingDate: 11/08/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cordon Blue Burger Sandwich - SR3279 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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<b>21-22 - Grill - W2D1 :37151 - ServingDate: 11/08/2021</b>								
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Sliced Turkey Ham - SR1287 (3 slice)	1	75.00	3.75	1.13	0.00	359.99	0.00	10.50
Bimbo Bun - OKR1738 (1 roll (hamb))	103	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W2D2 :37151 - ServingDate: 11/09/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mushroom and Swiss Burger - SR3276 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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<b>21-22 - Grill - W2D2 :37151 - ServingDate: 11/09/2021</b>								
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	0	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W2D3 :37151 - ServingDate: 11/10/2021</b>								
Blazing Hot Chicken Sub - SR2565 (1 sandwich)	10	301.13	9.42	2.53	0.00	852.51	33.71	20.20
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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<b>21-22 - Grill - W2D3 :37151 - ServingDate: 11/10/2021</b>								
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	15	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W2D4 :37151 - ServingDate: 11/11/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chili Dog - SR3285 (1 serving (1))	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chili con Carne - SR1379 (1 c.)	1	223.15	5.62	1.95	0.00	477.11	30.08	14.36



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<b>21-22 - Grill - W2D4 :37151 - ServingDate: 11/11/2021</b>								
Turkey Frankfurter - SR2147 (1 frankfurte)	1	121.50	9.11	2.53	0.00	263.25	1.01	8.10
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bimbo Hot Dog Bun - OKR1628 (1 roll (hamb))	8	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W2D5 :37151 - ServingDate: 11/12/2021</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	33	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School  
Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W2D5 :37151 - ServingDate: 11/12/2021</b>								
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pizza Burger - OKR1729 (1 burger)	5	368.04	13.81	5.35	0.00	686.47	35.76	22.27
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W3D1 :37152 - ServingDate: 11/15/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Burger - SR3278 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	15	150.00	5.00	1.00	0.00	320.00	16.00	14.00

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School

Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D1 :37152 - ServingDate: 11/15/2021</b>								
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	103	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W3D2 :37152 - ServingDate: 11/16/2021</b>								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School  
Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D2 :37152 - ServingDate: 11/16/2021</b>								
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>21-22 - Grill - W3D3 :37152 - ServingDate: 11/17/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Italian Meatball Sandwich - SR2720 (1 sandwich)	14	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chicken Meatball Sauce - SR3066 (5 Meatballs)	1	223.10	11.31	3.43	0.01	559.71	15.19	15.85
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	10	150.00	5.00	1.00	0.00	320.00	16.00	14.00

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School  
Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D3 :37152 - ServingDate: 11/17/2021</b>								
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	15	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	14	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W3D5 :37152 - ServingDate: 11/19/2021</b>								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	10	332.89	12.00	3.50	0.10	861.89	42.01	18.00
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School  
Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W3D5 :37152 - ServingDate: 11/19/2021</b>								
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>21-22 - Grill - W4D1 :37153 - ServingDate: 11/29/2021</b>								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	15	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	103	160.00	2.00	0.00	0.00	270.00	31.00	6.00

## Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School  
Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W4D1 :37153 - ServingDate: 11/29/2021</b>								
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
<b>21-22 - Grill - W4D2 :37153 - ServingDate: 11/30/2021</b>								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Black Bean Burger (Menu Item & Assembly) - OKR1867 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	5	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Western Burger - SR1084 (1 burger)	10	340.00	13.50	5.50	0.00	810.00	32.50	20.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00

# Menu Calendar Nutrient Analysis Report - November, 2021

Site: Guthrie High School  
 Date: 11/01/2021 - 11/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>21-22 - Grill - W4D2 :37153 - ServingDate: 11/30/2021</b>								
Bruschetta Topping - SR1627 (1/4 c.)	5	18.08	0.74	0.14	0.00	33.91	2.65	0.53
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Taste4  
 Menu Line: T4-Grill (tier I)  
 Serving Group: 9-12  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.