

## GLOBAL FLAVORS

## SUPER FOODS

**M** No School

No School

**T** Teriyaki Chicken Burrito  
Sweet 'n' Sour Chick'n Burrito  
Korean BBQ Chicken Burrito  
Ginger Garlic Chicken Burrito

Spicy Asian Vegetable Blend  
Steamed Broccoli  
Soy Roasted Potatoes  
Ginger Carrot Salad  
Steamed Edamame

**W** Pepperoni Flatbread  
Three Cheese Flatbread  
Herb Roasted Chicken Flatbread  
Caprese Flatbread

Broccoli and Red Peppers  
Butternut Squash  
Parmesan Green Beans  
Basil Corn Salad  
Italian Seasoned Chickpeas

**TH** Hand Rolled Beef Burrito  
Hand Rolled Bean & Cheese Burrito  
Hand Rolled Tinga Chicken Burrito  
Hand Rolled Turkey Carnitas Burrito

Frijoles a la Charro  
Chili Roasted Sweet Potatoes  
Mexican Zucchini  
Broccoli Lime Salad  
Corn Elotes

**F** Greek Meatball Gyro  
Falafel Gyro  
Lemon Pepper Chicken Gyro  
Greek Turkey Gyro

Roasted Chickpeas  
Summer Squash  
Oven Roasted Broccoli  
Chilled Peas  
Moroccan Carrots

**M** WRAPS & FLATBREADS  
No School

**T** SUPER SALADS  
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

**W** SMOOTHIE BOWLS  
Very Berry • Sunshine • Tropical • Banana Berry

**TH** GRAIN BOWLS  
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

**F** WRAPS & FLATBREADS  
Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • Spicy Buffalo Chicken

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...  
ALL THE INGREDIENTS YOU LOVE!**

**M** No School

**T** Caesar Salad  
Ginger Carrot Salad  
Steamed Edamame  
Variety of Fresh Fruit  
Variety of Canned Fruit

**W** Super Salad  
Basil Corn Salad  
Italian Seasoned Chickpeas  
Variety of Fresh Fruit

**TH** Caesar Salad  
Broccoli Lime Salad  
Corn Elotes  
Variety of Fresh Fruit  
Variety of Canned Fruit

**F** Spinach Salad  
Chilled Peas  
Moroccan Carrots  
Variety of Fresh Fruit  
Variety of Canned Fruit

## EVERYDAY SELECTS

**M** No School  
*All entrées served with No School*

**T** Chicken Nugget Basket  
Fish 'n' Chips Basket  
Herb Roasted Drumstick Basket  
*All entrées served with Seasoned Spiral Fries*

**W** Crispy Chicken Sandwich  
Cheeseburger  
BBQ Rib Sandwich  
*All entrées served with Baked French Fries & Burger Toppings*

**TH** Cheese Pizza  
Pepperoni Pizza  
Supreme Pizza  
*All entrées served with Caesar Salad*

**F** Local Favorites Menu Day  
*Visit the cafeteria to check it out!*

## SAUCE IT UP!

**Add a kick to any dish with our featured sauces.**

Music City Sauce  
*Signature Nashville Hot Sauce with just the right kick of heat*

MK Special Sauce  
*The perfect blend of mayonnaise and ketchup*

Spicy Cool Sauce  
*Spicy sriracha meets cool, creamy mayonnaise*

Spicy K Sauce  
*Classic ketchup — with a kick!*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**IN A HURRY?**

DOWNLOAD THE APP + DECIDE YOUR LUNCH IN ADVANCE!

