

### Guthrie High School Week of October 17, 2022

#### **GRILL**

#### **EVERYDAY SELECTIONS**

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



- M: Chicken Parmesan Sandwich
- T: Bacon Cheeseburger
- W: Bacon Swiss Chicken Sandwich
- Th: Baja Fish Po Boy

**TOPPINGS:** Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

#### PIZZA

#### **EVERYDAY SELECTIONS**

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara **M/W/F:** Pepperoni Pizza **T:** Sausage **Th:** Hawaiian





M: Sweet Thai Chili Pizza

T: Korean BBQ Chicken Pizza

W: Turkey Banh Mi Pizza

Th: Teriyaki Chicken Pizza

#### **FAST TAKES**

#### **DAILY SPECIALS**

M: Turkey Sub, Ham Sub, Chef Salad, or Fruit & Yogurt Parfait

**T:** Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait

**W:** Turkey Sub, American Combo Sub, Crispy Chicken Salad, or Fruit & Yogurt Parfait

Th: Turkey Sub, Crispy Chicken Sub, Chef Salad, or Fruit & Yogurt Parfait

F: Turkey Sub, Italian Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait





M: Sweet Thai Chili Wrap/Salad

T: Korean BBQ Chicken Sub/Salad

W: Turkey Banh Mi Sub/Salad

Th: Teriyaki Chicken Sub/Salad

#### **MEXICO**

#### **EVERYDAY SELECTIONS**

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.



#### KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and Asian Ginger Seasonings.

Creamy Sriracha Sauce A spicy cayenne pepper sauce with special seasonings Thai Sweet Chili Sauce Spicy and sweet chili sauce combined with lime juice and cilantro and blended until smooth.



HATER FOTS, FREN CUSTOMIZING TO YOUR LIKING, NEED SOME HELP

DECIDING? TRY ONE OF OUR SUGGESTED COMBINATIONS.







**PIZZA**Supreme Pizza

**GRILL** BBQ Rib Sandwich

FAST TAKES
Fruit & Yogurt Parfait







A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.





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M: Chicken Parmesan Sandwich

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BBQ Rib Sandwich





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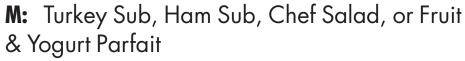


Supreme Pizza

#### THIS WEEK'S FEATURES:

## FAST TAKES

#### **DAILY SPECIALS**





W: Turkey Sub, American Combo Sub, Crispy

Chicken Salad, or Fruit & Yogurt Parfait

Th: Turkey Sub, Crispy Chicken Sub, Chef

Salad, or Fruit & Yogurt Parfait

**F:** Turkey Sub, Italian Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait



M: Sweet Thai Chili Wrap/Salad

T: Korean BBQ Chicken Sub/Salad

W: Turkey Banh Mi Sub/Salad

Th: Teriyaki Chicken Sub/Salad



Fruit & Yogurt Parfait

#### THIS WEEK'S FEATURES:

#### **ADVENTURE**

Tater Tot Casserole

PIZZA

Supreme Pizza

GRILL

**BBQ** Rib Sandwich

**FAST TAKES** 

Fruit & Yogurt Parfait

**TODAY IN THE** 

## ADVENTURE STATION

Tater Tot Casserole

# PIZZA

Supreme Pizza

#### TODAY IN

## FAST TAKES

Fruit & Yogurt Parfait