

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



M: Buffalo Chicken Burger
T: Sloppy Joes
W: Chicken Parmesan Sandwich
Th: Grilled Cheese

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara
M/W/F: Pepperoni Pizza **T:** Sausage **Th:** Hawaiian



M: Chicken Fajita Pizza
T: Green Chili Chicken Pizza

W: Huevos Rancheros Pizza
Th: Mexican Chicken Tinga Pizza

FAST TAKES

DAILY SPECIALS

M: Turkey and Cheese Sub, Ham and Cheese Sub, Chef Salad

T: Turkey and Cheese Sub, Buffalo Chicken Sub, Chicken Caesar Salad

W: Turkey and Cheese Sub, American Combo Sub, Crispy Chicken Salad

Th: Turkey and Cheese Sub, Crispy Chicken Sub, Chef Salad

F: Turkey and Cheese Sub, Italian Sub, Chicken Caesar Salad



M: Chicken Fajita Sub/Salad
T: Green Chili Chicken Sub/Salad

W: Huevos Rancheros Wrap/Salad
Th: Mexican Chicken Tinga Sub/Salad

MEXICO

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.



*This institution is an equal opportunity provider.
 Additional nutrition information available upon request.*

ADVENTURE

CHOPSTICKS

Enjoy this week's features Monday-Thursday in Adventure!

An Asian-inspired experience awaits. Pick your base of rice or noodles, then top with your favorite protein, veggies and other additions for a bowlful of goodness, customized to your liking.



FRIDAY FAVORITES



ADVENTURE

Popcorn Chicken Bowl

GRILL

Buffalo Chicken Sandwich

PIZZA

Chicken Bacon Ranch

FAST TAKES

Chicken Caesar Salad



EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and South of the Border Seasonings.

Spicy Sriracha Sauce
 A spicy cayenne pepper sauce with special seasonings

Cilantro Lime Crema
 A blend of mayonnaise and creamy Greek yogurt infused with lime juice and freshly chopped cilantro.

