

## GRILL

### EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



**M:** Chicken Parmesan Sandwich  
**T:** Bacon Cheeseburger  
**W:** Italian Meatball Sub  
**Th:** Holiday Meal Served

**TOPPINGS:** Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

## PIZZA

### EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara  
**M/W/F:** Pepperoni Pizza **T:** Sausage **Th:** Hawaiian



WORLD OF FLAVORS HELLO MEDITERRANEAN

**M:** Chicken Bruschetta Pizza  
**T:** Pesto Chicken Pizza

**W:** Greek Turkey Pizza  
**Th:** Balsamic Glazed Chicken Pizza

## FAST TAKES

### DAILY SPECIALS

**M:** Turkey Sub, Ham Sub, American Combo Sub, Chef Salad, Fruit & Yogurt Parfait

**T:** Turkey Sub, Ham Sub, American Combo Sub, Chicken Caesar Salad, Fruit & Yogurt Parfait

**W:** Turkey Sub, Ham Sub, American Combo Sub, Crispy Chicken Salad, Fruit & Yogurt Parfait

**Th:** Holiday Meal Served

**F:** Turkey Sub, Ham Sub, American Combo Sub, Fiesta Salad, Fruit & Yogurt Parfait



WORLD OF FLAVORS HELLO MEDITERRANEAN

**M:** Chicken Bruschetta Sub/Salad  
**T:** Pesto Chicken Sub/Salad

**W:** Greek Turkey Wrap/Salad  
**Th:** Balsamic Roasted Chicken Sub/Salad

## MEXICO

### EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.



This institution is an equal opportunity provider.  
Additional nutrition information available upon request.

## ADVENTURE

# CHOPSTICKS

Enjoy this week's features Monday-Thursday in Adventure!

An Asian-inspired experience awaits. Pick your base of rice or noodles, then top with your favorite protein, veggies and other additions for a bowlful of goodness, customized to your liking.



FRIDAY FAVORITES



### ADVENTURE

Chopsticks

### PIZZA

Taco Pizza



### GRILL

BBQ Rib Sandwich

### FAST TAKES

Fiesta Salad  
Fruit & Yogurt Parfait

## EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

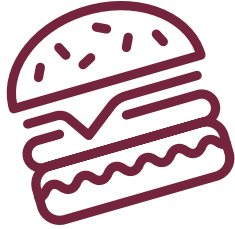
## KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and Lemon Pepper Seasonings.

**Creamy Sriracha Sauce**  
A spicy cayenne pepper sauce with special seasonings

**Creamy Pesto Sauce**  
Basil Pesto sauce and ranch dressing, blended until smooth.





**THIS WEEK'S FEATURES:**

# GRILL

## **EVERYDAY SELECTIONS**

Hamburger, Cheeseburger, Crispy Chicken,  
Spicy Chicken, Veggie Burger

**TOPPINGS:** Cheddar Cheese, Pepper Jack  
Cheese, Shredded Lettuce, Sliced Tomatoes,  
Sliced Red Onions, Jalapeños, Pickles

**M:** Chicken Parmesan Sandwich

**T:** Bacon Cheeseburger

**W:** Italian Meatball Sub

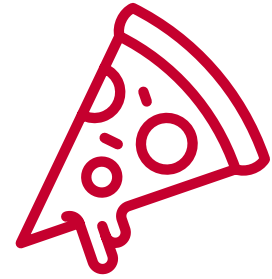
**Th:** Holiday Meal Served



BBQ Rib Sandwich

**THIS WEEK'S FEATURES:**

# PIZZA



## EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara

**M/W/F:** Pepperoni Pizza    **T:** Sausage    **Th:** Hawaiian

WORLD OF  
FLAVORS  
HELLO  
MEDITERRANEAN

**M:** Chicken Bruschetta Pizza

**T:** Pesto Chicken Pizza

**W:** Greek Turkey Pizza

**Th:** Balsamic Glazed Chicken Pizza



Taco Pizza

**THIS WEEK'S FEATURES:**

# FAST TAKES

## DAILY SPECIALS



**M:** Turkey Sub, Ham Sub, American Combo Sub, Chef Salad, Fruit & Yogurt Parfait

**T:** Turkey Sub, Ham Sub, American Combo Sub, Chicken Caesar Salad, Fruit & Yogurt Parfait

**W:** Turkey Sub, Ham Sub, American Combo Sub, Crispy Chicken Salad, Fruit & Yogurt Parfait

**Th:** Holiday Meal Served

**F:** : Turkey Sub, Ham Sub, American Combo Sub,

Fiesta Salad, Fruit & Yogurt Parfait



**M:** Chicken Bruschetta Sub/Salad

**T:** Pesto Chicken Sub/Salad

**W:** Greek Turkey Wrap/Salad

**Th:** Balsamic Roasted Chicken Sub/Salad



Fiesta Salad

Fruit & Yogurt Parfait

**THIS WEEK'S FEATURES:**

**ADVENTURE**

Chopsticks

**PIZZA**

Taco Pizza

**GRILL**

BBQ Rib Sandwich

**FAST TAKES**

Fiesta Salad  
Fruit & Yogurt Parfait

**TODAY IN THE**  
**ADVENTURE**  
**STATION**

Chopsticks

**TODAY IN**  
**PIZZA**

Taco Pizza

**TODAY IN**  
**FAST TAKES**

Fiesta Salad  
Fruit & Yogurt Parfait