

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Central Elementary  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 K5 W2D1 Lunch :37756 - ServingDate: 09/01/2022</b>								
Chicken Burger - OKR1124 (1 burger)	35	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Buttermilk Pancakes - SR2010 (2 pancake )	50	160.00	2.00	0.33	0.00	406.67	30.67	4.00
Kidzable: Italian, vegetarian - OKR1868 (1 portion)	15	372.64	15.55	7.14	0.00	997.83	38.40	19.08
Scrambled Eggs - OKR1375 (1 #10 scoop)	50	102.43	6.58	2.20	0.00	109.75	2.20	8.78
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	60	121.86	1.90	0.76	0.00	29.02	26.93	0.37
Orange Smiles - SR1172 (6 slice or w)	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Tater Tots - SR1450 (1/2 c.)	50	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Breakfast Syrup Cup - SR2498 (1 Container)	10	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	60	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>SY21-22 K5 W2D2 Lunch :37756 - ServingDate: 09/02/2022</b>								
Chicken Quesadilla - SR1467 (1 each quesadilla)	50	302.84	15.62	7.79	0.00	683.73	22.52	17.38
Cheese Lasagna Rollup - SR1497 (1 roll.)	25	277.32	4.01	2.06	0.00	510.06	42.88	17.16
Turkey & Cheese Sandwich - OKR1827 (1 sandwich)	25	310.52	11.48	5.06	0.00	991.36	32.39	22.11
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	30	85.04	7.11	0.52	0.00	14.84	4.95	2.43

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<b>SY21-22 K5 W2D3 Lunch :37756 - ServingDate: 09/06/2022</b>								
Barbecue Chicken Sandwich - OKR1782 (1 sandwich)	25	280.69	4.32	0.00	0.00	916.81	39.66	19.93
Cheesy Nachos with Refried Beans - SR2654 (1 nacho)	60	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Chicken Salad - SR2526 (1 salad)	15	257.61	13.02	4.03	0.00	406.55	21.00	14.71
Cheddar Cheese Sauce - SR1293 (1/4 c.)	60	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Dinner Roll - OKR1532 (1 roll.)	0	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Tortilla Chips - SR1065 (1 1/2 oz.)	60	206.18	8.84	1.47	0.00	169.36	29.45	2.94
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mexican Black Beans - SR1026 (1/2 c.)	30	65.34	0.08	0.02	0.00	79.50	12.15	3.95
Vegetarian Refried Beans - OKR1472 (1/2 c.)	60	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Homemade Salsa - SR1007 (2 tbsp.)	25	7.38	0.03	0.01	0.00	78.67	1.55	0.26
<b>SY21-22 K5 W2D4 Lunch :37756 - ServingDate: 09/07/2022</b>								
All American Sandwich - OKR1828 (1 sandwich)	20	319.57	12.99	5.65	0.00	1052.09	31.34	21.07
Crispy Chicken Nuggets - SR1367 (5 nugget)	50	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Mini Corn Dog - SR2600 (6 ea.)	30	312.00	16.80	3.60	0.00	492.00	26.40	13.20
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Green Beans - SR1021 (1/2 c.)	20	22.18	0.13	0.04	0.00	43.10	5.11	1.18
Smile Fries - SR3502 (1/2 c.)	80	130.65	4.52	0.50	0.00	180.89	20.10	2.01

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<b>SY21-22 K5 W2D5 Lunch :37756 - ServingDate: 09/08/2022</b>								
Beefy Mac - SR1479 (2/3 c.)	20	342.15	11.83	4.77	0.00	1006.33	41.84	20.91
Home-Style Cheese Pizza - OKR1334 (1 slice)	70	327.14	13.74	6.59	0.00	733.88	31.07	17.33
Buffalo Chicken Wrap - SR1953 (1 wrap)	10	487.83	22.56	7.82	0.00	1768.20	49.24	21.28
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	20	52.99	0.47	0.08	0.00	99.20	11.21	2.30
Buffalo Side Vegetables - SR1954 (1/4 c.)	5	7.29	0.05	0.01	0.00	13.27	1.67	0.22
<b>SY21-22 K5 W3D1 Lunch :37756 - ServingDate: 09/09/2022</b>								
(Product discontinued use SR3571) Mini Cheese Ravioli - SR1337 (1/2 c.)	25	161.88	3.90	1.98	0.00	349.56	21.03	10.51
Crispy Chicken Nuggets - SR1367 (5 nugget)	60	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Ham & Cheese Sandwich - OKR1832 (1 sandwich)	15	319.74	13.60	6.30	0.00	1068.57	31.30	20.09
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	25	52.99	0.47	0.08	0.00	99.20	11.21	2.30
<b>SY21-22 K5 W3D2 Lunch :37756 - ServingDate: 09/12/2022</b>								
Deluxe Cheeseburger - OKR1164 (1 burger)	35	345.56	13.05	5.53	0.00	682.88	34.51	20.53

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<b>SY21-22 K5 W3D2 Lunch :37756 - ServingDate: 09/12/2022</b>								
Ham & Cheese Sandwich - OKR1832 (1 sandwich)	5	319.74	13.60	6.30	0.00	1068.57	31.30	20.09
Macaroni & Cheese - SR1137 (2/3 c.)	0	383.44	21.26	10.64	0.00	1187.57	34.35	20.03
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	101	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR2026 (1/2 c.)	20	132.68	0.00	0.00	0.00	561.33	29.60	7.14
Spaghetti Sauce - SR2220 (1/4 c.)	60	32.36	0.25	0.03	0.00	129.82	6.67	1.04
<b>SY21-22 K5 W3D3 Lunch :37756 - ServingDate: 09/13/2022</b>								
Pepperoni Pizza Square - SR1025 (1 slice)	65	333.69	13.19	4.82	0.00	558.37	35.00	17.09
Chef Salad - SR1082 (1 salad)	10	165.52	9.35	3.87	0.00	345.04	5.23	14.98
Beef Chili Frito Pie - OKR1870 (1 ea.)	0	498.74	24.15	6.55	0.00	939.32	52.62	20.16
Dinner Roll - SR1009 (1 roll.)	0	160.00	3.00	0.00	0.00	135.00	29.00	7.00
From the Garden - SR2435 (1 serv.)	101	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	25	85.04	7.11	0.52	0.00	14.84	4.95	2.43
<b>SY21-22 K5 W3D4 Lunch :37756 - ServingDate: 09/14/2022</b>								
Chicken Burger - OKR1124 (1 burger)	70	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Kidzable: American Combo - OKR1898 (1 portion)	10	379.82	15.63	6.52	0.00	834.69	42.28	19.43
Taco Quesadilla - SR3297 (1 quesadilla)	20	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Beef Taco Filling - SR1528 (3 tbsp.)	20	55.79	2.27	0.91	0.00	180.08	2.27	6.35

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<b>SY21-22 K5 W3D4 Lunch :37756 - ServingDate: 09/14/2022</b>								
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	20	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Flour Tortilla - SR3407 (1 tortilla)	20	132.86	4.09	2.04	0.00	204.40	22.48	3.07
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Tater Tot Hash - SR1848 (1/2 c.)	90	125.56	7.33	1.10	0.00	346.86	15.02	1.16
<b>SY21-22 K5 W3D5 Lunch :37756 - ServingDate: 09/15/2022</b>								
Country Steak Fingers - OKR1808 (4 ea.)	60	307.58	19.22	4.81	0.00	317.19	18.26	15.38
Turkey & Cheese Sandwich - OKR1827 (1 sandwich)	10	310.52	11.48	5.06	0.00	991.36	32.39	22.11
Original Hot Dog - OKR1127 (1 serving (1))	0	280.00	11.00	2.50	0.00	530.00	32.00	14.00
Dinner Roll - SR1010 (1 roll.)	60	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Green Beans - SR1021 (1/2 c.)	50	22.18	0.13	0.04	0.00	43.10	5.11	1.18
Whipped Potatoes - SR1112 (1/2 c.)	60	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Old Fashioned Country Biscuit Gravy - OKR1552 (1/4 c.)	40	42.52	2.43	1.22	0.00	147.42	4.86	0.00
<b>SY21-22 K5 W4D1 Lunch :37756 - ServingDate: 09/16/2022</b>								
Home-Style Cheese Pizza - OKR1334 (1 slice)	65	327.14	13.74	6.59	0.00	733.88	31.07	17.33
Strawberry Fields Parfait - SR1386 (1 parfait)	15	307.22 (M)	4.04(M)	0.80(M)	0.02(M)	120.79 (M)	66.21 (M)	5.58(M)
Meatball Sub - OKR1871 (1 sandwich)	20	388.77	13.66	4.26	0.00	709.74	46.33	22.01

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<b>SY21-22 K5 W4D1 Lunch :37756 - ServingDate: 09/16/2022</b>								
String Cheese Stick - SR3035 (1 stick.)	15	91.13	7.09	5.06	0.00	202.50	0.00	7.09
Original Graham Crackers - SR1163 (1 pkg.)	15	90.00	2.50	0.00	0.00	100.00	17.00	2.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	60	52.99	0.47	0.08	0.00	99.20	11.21	2.30
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 3 Day 2 - ServingDate: 09/20/2022</b>								
Scratch Beef Lasagna - OKR1603 (1 ea.)	20	314.20	10.81	5.45	0.00	673.11	35.71	18.24
Chicken & Waffles - OKR1163 (1 serving)	65	344.93	17.50	3.00	0.00	614.88	32.50	16.00
Protein Power Box - OKR1942 (1 Box)	5	411.37	18.50	7.38	0.00	437.52	47.87	16.01
Classic Chef Salad - SR1083 (1 salad)	10	266.21	14.09	5.22	0.00	642.65	9.28	26.00
Twisted Breadstick - SR2142 (1 breadstick)	10	172.69	3.27	0.09	0.00	190.34	28.41	6.09
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Summer Squash - SR1523 (1/2 c.)	50	34.33	2.14	0.18	0.00	42.19	3.28	0.85
Breakfast Syrup Cup - SR2498 (1 Container)	65	110.00	0.00	0.00	0.00	20.00	29.00	0.00
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 3 Day 3 - ServingDate: 09/21/2022</b>								
Deluxe Cheeseburger - OKR1164 (1 burger)	40	345.56	13.05	5.53	0.00	682.88	34.51	20.53
Kidzable: Italian, vegetarian - OKR1868 (1 portion)	0	372.64	15.55	7.14	0.00	997.83	38.40	19.08
Chicken Caesar Salad - SR2523 (1 salad)	10	150.37	6.56	1.45	0.00	387.11	9.43	13.98

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<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 3 Day 3 - ServingDate: 09/21/2022</b>								
Tater Tot Casserole - OKR1621 (1 serving)	40	290.63	17.27	6.11	0.00	1003.19	20.29	14.15
Twisted Breadstick - SR2142 (1 breadstick)	50	172.69	3.27	0.09	0.00	190.34	28.41	6.09
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Oven Roasted California Blend Vegetables - OKR1939 (1/2 c.)	30	104.64	8.54	0.70	0.01	40.85	7.45	1.61
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 3 Day 4 - ServingDate: 09/22/2022</b>								
Twisted Dog - OKR1434 (1 serving (1))	30	280.00	11.00	2.50	0.00	450.00	29.00	14.00
Orange Chicken Nuggets - SR2815 (5 nugget)	30	347.16	16.17	2.89	0.00	643.12	36.48	16.17
Classic Chef Salad - SR1083 (1 salad)	10	266.21	14.09	5.22	0.00	642.65	9.28	26.00
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	30	394.57	19.00	2.00	0.00	360.00	45.89	13.00
Steamed Brown Rice - SR1098 (1/2 c.)	40	117.19	0.69	0.00	0.00	2.03	25.51	2.76
Twisted Breadstick - SR2142 (1 breadstick)	15	172.69	3.27	0.09	0.00	190.34	28.41	6.09
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Green Peas - SR2335 (1/2 c.)	25	73.53	0.38	0.06	0.00	103.13	13.01	4.99
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 3 Day 5 - ServingDate: 09/23/2022</b>								
Baja Fish Tacos - OKR1940 (2 tacos)	20	428.61	13.17	3.53	0.00	593.87	55.05	19.55
Crispy Chicken Wrap - SR2525 (1 wrap)	10	529.90	25.32	8.03	0.00	1156.65	56.58	20.60

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<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 3 Day 5 - ServingDate: 09/23/2022</b>								
Cheesy Nachos with Taco Meat - SR2655 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Double Berry Parfait - SR1174 (1 parfait)	20	265.72 (M)	3.95(M)	0.79(M)	0.02(M)	119.28 (M)	54.12 (M)	5.24(M)
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	0.00	190.00	0.00	7.00
String Cheese Stick - SR3035 (1 stick.)	20	91.13	7.09	5.06	0.00	202.50	0.00	7.09
Beef Taco Filling - SR1528 (3 tbsp.)	50	55.79	2.27	0.91	0.00	180.08	2.27	6.35
Honey Graham Crackers - SR2366 (1 pkg.)	20	90.00	2.50	0.00	0.00	95.00	17.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Frijoles ala Charro - SR3313 (1/2 c.)	0	127.34	1.89	0.25	0.00	246.05	20.74	8.81
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 1 - ServingDate: 09/26/2022</b>								
Baked Penne Pasta - SR2128 (1 c.)	20	444.06	14.77	7.01	0.00	1050.67	58.49	20.82
Crispy Chicken Sandwich - SR2686 (1 burger)	50	390.00	16.00	2.50	0.00	700.00	42.00	20.00
Crispy Chicken Wrap - SR2525 (1 wrap)	20	529.90	25.32	8.03	0.00	1156.65	56.58	20.60
Chicken Caesar Salad - SR2523 (1 salad)	10	150.37	6.56	1.45	0.00	387.11	9.43	13.98
Garlic Knot Breadstick - SR1255 (1 roll.)	20	110.63	4.05	0.22	0.00	95.85	15.02	3.23
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Green Beans - SR1021 (1/2 c.)	50	22.18	0.13	0.04	0.00	43.10	5.11	1.18



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<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 2 - ServingDate: 09/27/2022</b>								
Home-Style Pepperoni Pizza - OKR1335 (1 slice)	70	358.73	16.66	7.68	0.00	838.37	31.07	18.79
Pinwheel Party Box - OKR1945 (1 Box)	10	487.51	22.30	7.43	0.00	969.35	51.23	23.13
Classic Chef Salad - SR1083 (1 salad)	10	266.21	14.09	5.22	0.00	642.65	9.28	26.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	10	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Hamburger Bun - OKR1351 (1 roll.)	10	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Garlic Knot Breadstick - SR1255 (1 roll.)	10	110.63	4.05	0.22	0.00	95.85	15.02	3.23
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	60	65.49	4.49	0.33	0.00	72.07	5.40	3.00
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 3 - ServingDate: 09/28/2022</b>								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	20	332.89	12.00	3.50	0.10	861.89	42.01	18.00
Crispy Chicken Nuggets - SR1367 (5 nugget)	60	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Strawberry Banana Parfait - SR1504 (1 parfait)	10	278.49 (M)	3.96(M)	0.83(M)	0.02(M)	123.70 (M)	57.80 (M)	5.54(M)
Turkey & Cheese Sandwich - OKR1827 (1 sandwich)	10	310.52	11.48	5.06	0.00	991.36	32.39	22.11
String Cheese Stick - SR3035 (1 stick.)	10	91.13	7.09	5.06	0.00	202.50	0.00	7.09
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	95.00	17.00	2.00
Dinner Roll - SR1010 (1 roll.)	60	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Central Elementary  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 3 - ServingDate: 09/28/2022</b>								
Smile Fries - SR3502 (1/2 c.)	75	130.65	4.52	0.50	0.00	180.89	20.10	2.01
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 4 - ServingDate: 09/29/2022</b>								
Beefy Totchos - OKR1863 (1 nacho)	50	212.59	11.31	3.46	0.00	597.09	17.11	10.97
Cheese Enchiladas - OKR1944 (2 ea.)	0	429.82	27.90	15.69	0.00	849.63	21.69	21.41
Crispy Chicken Wrap - SR2525 (1 wrap)	10	529.90	25.32	8.03	0.00	1156.65	56.58	20.60
Kidzable Build Your Own Pepperoni Pizza - OKR1141 (1 portion)	15	440.23	21.64	9.42	0.00	1219.47	38.82	22.15
Flour Tortilla - SR3407 (1 tortilla)	50	132.86	4.09	2.04	0.00	204.40	22.48	3.07
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Corn - SR1303 (1/2 c.)	75	71.60	0.67	0.10	0.01	1.64	16.82	2.24
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 5 - ServingDate: 09/30/2022</b>								
Glazed Chicken Drumstick - SR2447 (1 piece)	20	248.99	15.56	3.89	0.00	497.98	3.11	24.90
Classic Chef Salad - SR1083 (1 salad)	5	266.21	14.09	5.22	0.00	642.65	9.28	26.00
Steak Fingers - OKR1223 (4 ea.)	65	320.00	20.00	5.00	0.00	330.00	19.00	16.00
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	10	394.57	19.00	2.00	0.00	360.00	45.89	13.00
Dinner Roll - SR1010 (1 roll.)	65	80.00	1.50	0.00	0.00	65.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	172.69	3.27	0.09	0.00	190.34	28.41	6.09
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2022

Site: Central Elementary  
 Date: 09/01/2022 - 09/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY22-23 Main Event II Play - 4 Entrees - K-5/K-8 Week 4 Day 5 - ServingDate: 09/30/2022</b>								
Vegetarian Baked Beans - SR2026 (1/2 c.)	40	132.68	0.00	0.00	0.00	561.33	29.60	7.14
Whipped Potatoes - SR1112 (1/2 c.)	75	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Old Fashioned Country Biscuit Gravy - OKR1552 (1/4 c.)	50	42.52	2.43	1.22	0.00	147.42	4.86	0.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: The Clubhouse  
 Menu Line: CH-Main Event (II-Play)  
 Serving Group: K-5  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.